

# Let's Talk *Movement*

Tell us how we  
can help you  
move more



Your say.  
Your way. Your move.



Coventry City Council

'Let's Talk Movement' Survey  
Final Report

2025

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## Executive Summary

- 1398 surveys were completed
- 85% of respondents consider themselves to be active
- 12% of females compared to 9% of males do not consider themselves physically active.
- 31% of those that state they are disabled compared to 8% of those that state they are not disabled do not consider themselves physically active.
- In terms of ethnicity 11% of white respondents, 16% of black/black British and 18% of Asian/Asian British do not consider themselves physically active.
- In terms of age 96% of under 24 year olds consider themselves physically active, this falls to 84% of those aged over 75. 93% of those aged 65-74 and those aged 35-44 consider themselves physically active.
- The most popular forms of physical activity are walking/wheeling moderately and fast as well as strenuous housework.
- Other forms of activity mentioned were sports such as badminton/golf/tennis/ice skating/lawn bowls as well as dog walking.
- Most respondents are happy with the amount of activity they do.
- For those that do not do as much as they would like say, time is the biggest issue, followed by lack of motivation. Tiredness as well as affordability were also mentioned a lot.
- For those that do not consider they do regular physical activity, motivation and affordability were the biggest barriers alongside not having anyone to do it with as well as too tired.
- 64% of respondents are signed up to Go CV
- Key themes from the open ended question, what would help you move more:
  - **More group activities** in parks, including walking, running, and exercise sessions for all ages and abilities.
  - **Improved safety**, especially for women and vulnerable groups, through better lighting, visible security, and well-maintained paths.
  - **Affordable access** to classes, memberships, and transport, with flexible payment options and free or low-cost parking.
  - **Better facilities** in parks—such as outdoor gyms, benches, toilets, and inclusive equipment—across all neighbourhoods.
  - **Inclusive provision**, including women-only, disability-friendly, and culturally appropriate activities.
  - **Improved information** about local opportunities, with better promotion and signage.
  - **Enhanced connectivity**, with safer walking/cycling routes and reliable public transport to parks and leisure venues.

- Respondents profile
  - Responses were received from all areas of the city
  - 35% of respondents were aged under 24 age, 5% aged over 75 years of age
  - 62% of respondents were female
  - 14% of respondents considered themselves to be disabled
  - 78% of respondents were white, 11% Asian/Asian British and 5% black/black British

## Methodology

### Let's Talk Coventry with information and survey

An online survey was hosted on Let's Talk Coventry from 7 October until 9 November.

#### Online/email

- Launch video with Councillor Kamran Caan – Facebook, Instagram and Tik Tok
- Two additional videos on Facebook, Instagram and Tik Tok
- Council intranet – posted on round-up three times, with a banner up for two weeks
- Gov Delivery email with survey link to Go CV (twice), Your Coventry, Let's Talk and Sport databases
- Emails sent to over 200 voluntary, community and special interest groups in the city, including information about the survey and a link to it, with a request to share with their audiences

#### Partners

- Sent toolkit with posters, social media and email examples
- Shared on their social media channels and to groups
- Worked with their own groups to complete the survey

#### Outreach

- EnV Coventry used to carry out 15 outreach sessions at various locations in the city helping people complete the survey
- Two outreach sessions at the Coventry City Football Club Fanzone at home games. Alongside this there was information in the matchday programme and on the scoreboard
- Posters and information delivered to all Coventry Libraries and Family Hubs and other community buildings
- Information on screens at Council buildings and at Ricoh Arena

## Response Rate

2,800 people were aware( landed on the page), 1,700 were informed (watched a video/read a document) and 1,398 were engaged ( completed a survey)

1,398 responses were received.

## Findings

### Do you consider yourself to be physically active?

By this we mean at least 10 minutes of movement that adds up to at least 30 minutes a week.

	Number	%
Yes	1180	85%
No	150	11%
Not sure	64	5%

85% of respondents consider themselves to be physically active with just over 1 in 10 considering themselves not to be physically active.

Differences by equality groups:

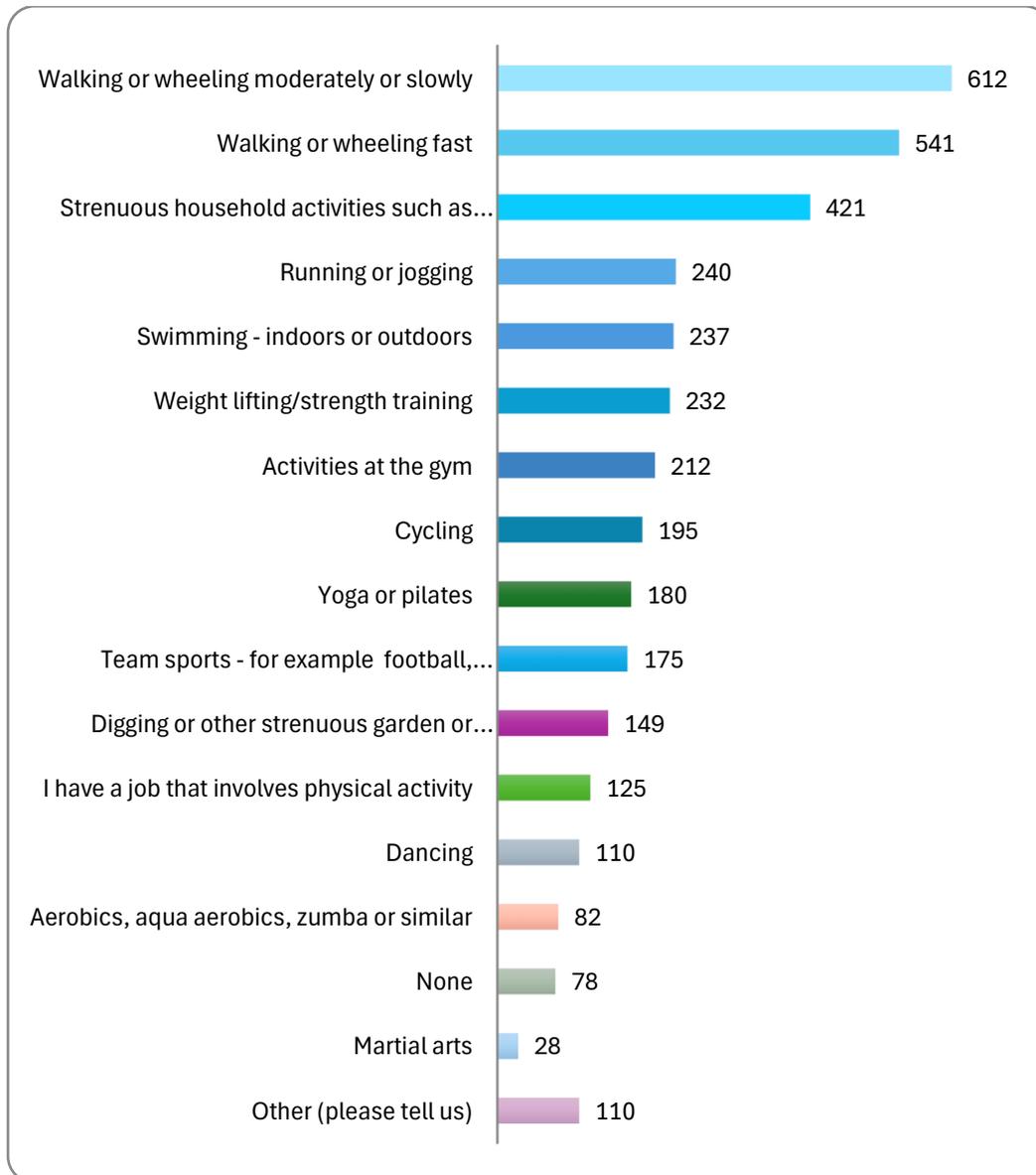
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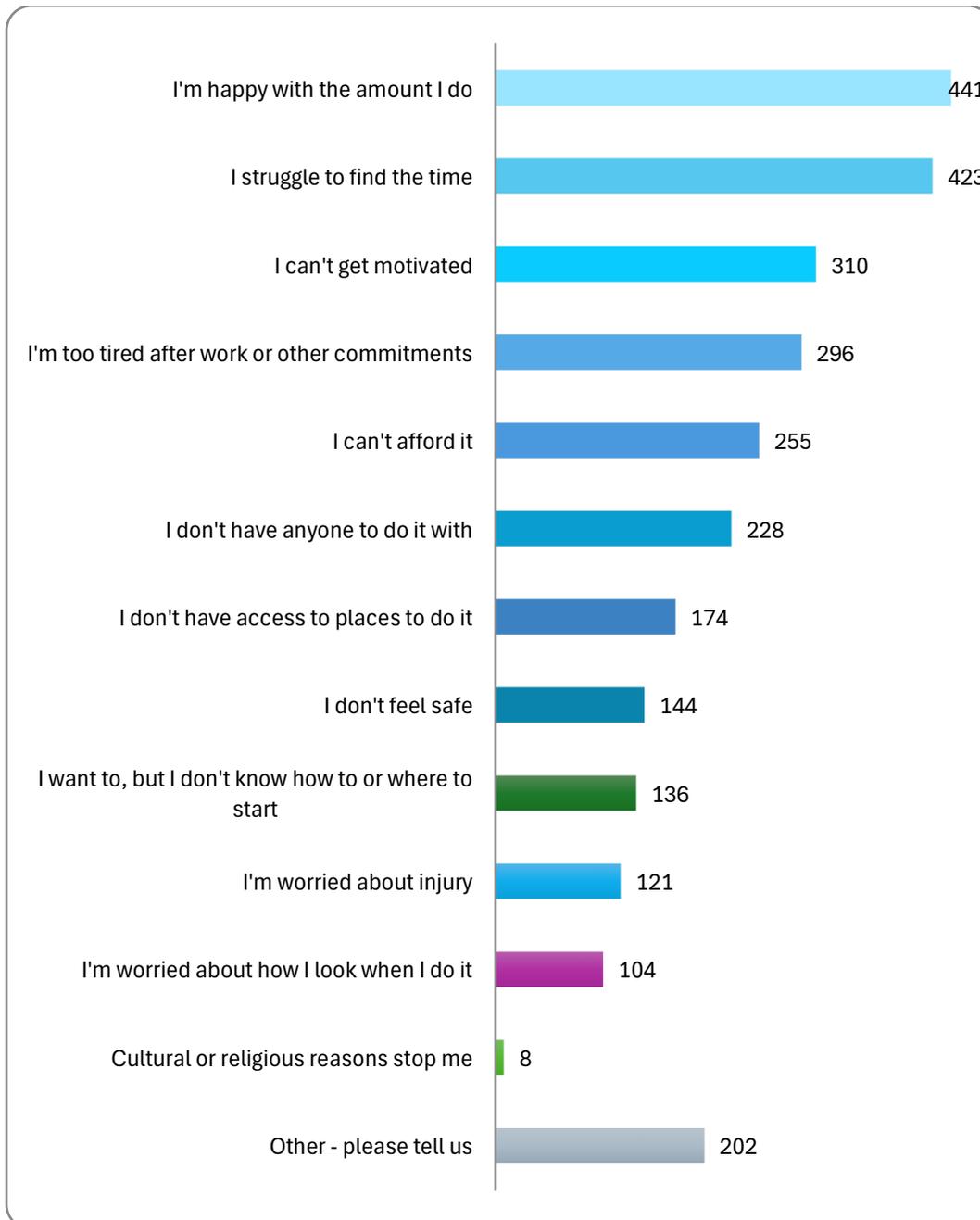
## What type of physical activity do you do?



The most popular forms of physical activity are walking/wheeling moderately and fast as well as strenuous housework.

A lot of the other forms of activity mentioned were sports such as badminton/golf/tennis/ice skating/lawn bowls as well as dog walking.

## What stops you being active or more active?



Most respondents are happy with the amount of activity they do. For those that do not do as much as they would like say, time is the biggest issue, followed by lack of motivation. Tiredness as well as affordability were also mentioned a lot.

For those that do not consider they do regular physical activity, motivation and affordability were the biggest barriers alongside not having anyone to do it with as well as too tired.

## Are you signed up to Go CV?

	Number	%
Yes	889	64%
No	406	29%
Not sure	98	7%

Just under two thirds of respondents are signed up to Go CV, this is the same number as those that are not physically active.

There are no differences between the profiles of respondents who are signed up compared with those who are not signed up.

## What could we do to help you move more?

Think about things like safe accessible places, support on how/what to do, informal and formal facilities, your local area etc. Please be specific about locations - e.g name of park or road, local area.

All the comments were manually themed, one comment might contain several themes.

A full list of open ended comments can be found in Appendix a.

Theme	Number
Specific Locations	178
More facilities/Groups	132
Accessibility	125
Affordability	123
Leisure, Sports, and Exercise Opportunities	100
Improved and extended facilities in parks	95
Safety	93
Inclusive and Targeted Provision	83
Public Transport and Connectivity	64
Nothing	50
Employers	18
Motivation	9
Promotion	3

A number of specific locations were mentioned. Primarily parks, with repeated mentions of Longford Park, War Memorial Park, Allesley Park, Coundon Park,

Coundon Wedge, Caludon Park, and Hearsall Common. Areas that were repeatedly mentioned were Foleshill, Binley, Tile Hill and Wyken Slough

Also references to roads like Allesley Old Road, Banner Lane, Broad Lane, and community centres like Cheylesmore Community Centre, Alan Higgs Centre.

### **More Facilities/Groups**

Strong demand for more walking, running, and exercise groups in local parks, especially in areas where these are currently lacking (e.g., Hillfields, Foleshill, Memorial Park, Longford Park).

Requests for organised group activities for all ages and abilities, including beginners, older adults, and families. Suggestions for community-led sessions, buddy schemes, and better promotion of existing groups and events. People want more opportunities for group activities, social sports, and community events to foster connection and motivation.

### **Accessibility and Affordability**

Cost is a significant barrier: requests for cheaper classes, discounted memberships, free or flexible parking, and affordable public transport. More flexible payment options and reduced costs are needed to increase participation.

Poor or unreliable bus connections to parks, leisure centres, and sports venues. High costs and safety concerns on public transport, especially for elderly and disabled users.

Some areas lack direct routes to key destinations.

### **Leisure, Sports, and Exercise Opportunities**

Limited affordable, accessible, and inclusive exercise classes (especially for over-50s, disabled people, and those with long-term conditions). Lack of evening/weekend sessions and “turn up and play” options for sports like badminton. Difficulty booking facilities (lack of online booking, limited availability). Provide more inclusive and disability-friendly sessions and equipment.

### **Improved and Expanded Facilities in Parks**

Calls for more and better-maintained exercise equipment (e.g., outdoor gyms, calisthenics stations, benches, lighting, toilets) in parks across the city, not just in the city centre. Specific requests for new or improved tennis courts, pump tracks, playgrounds, and hard-standing footpaths to make parks accessible year-round.

Memorial Park: More group activities, improved gym equipment, better lighting, extended car park and toilet opening hours, and additional playgrounds.

Longford Park: Tennis courts, group activities, benches, and improved safety.

Allesley Park: Outdoor gym equipment, lighting, and enclosed dog exercise areas.

## **Safety**

Safety is the top concern, especially for women and vulnerable groups. Poor lighting, off-lead dogs, and anti-social behaviour deter park and street use, particularly after dark. Concerns about crime, anti-social behaviour, and lack of visible policing in some areas.

There is a strong call for better lighting, visible policing, and safer, well-maintained paths in parks and public spaces

## **Inclusive and Targeted Provision**

Women want safer parks and public spaces, especially for walking, running, and early morning or evening activities. Better lighting, visible security, and safe routes are repeatedly requested. Female-Only Facilities and Sessions: There is strong demand for more women-only gyms, swimming sessions, exercise classes, and weight training—at convenient times and in accessible locations.

Cultural and Community Inclusion: South Asian Muslim women and other groups want more culturally appropriate, female-only activities and spaces. Flexible timings and local provision are important for those with work or family commitments.

Older adults in Coventry want affordable, accessible, and varied opportunities to be active; better local facilities and infrastructure; more social and supportive group activities; and clear information about what's available. Addressing these needs will help reduce isolation, improve health, and support active ageing.

Requests for disability-friendly and SEND-friendly activities, and quiet times for people with specific needs. More activities and facilities for children, young people, and families, including sports events and play areas.

## **Public Transport and Connectivity**

Barriers: Poor or unreliable bus connections to parks, leisure centres, and sports venues. High costs and safety concerns on public transport, especially for elderly and disabled users.

Some areas lack direct routes to key destinations.

Incomplete or unsafe cycle routes (especially for families and less confident cyclists). Pavement parking, uneven or blocked footpaths, and poor lighting deter walking and running.

Lack of safe crossings and traffic-calming measures near parks and busy roads.

Create continuous, protected cycle routes connecting neighbourhoods to the city centre and key destinations. Improve and maintain footpaths, add more drop kerbs, and address pavement parking.

## **Employers**

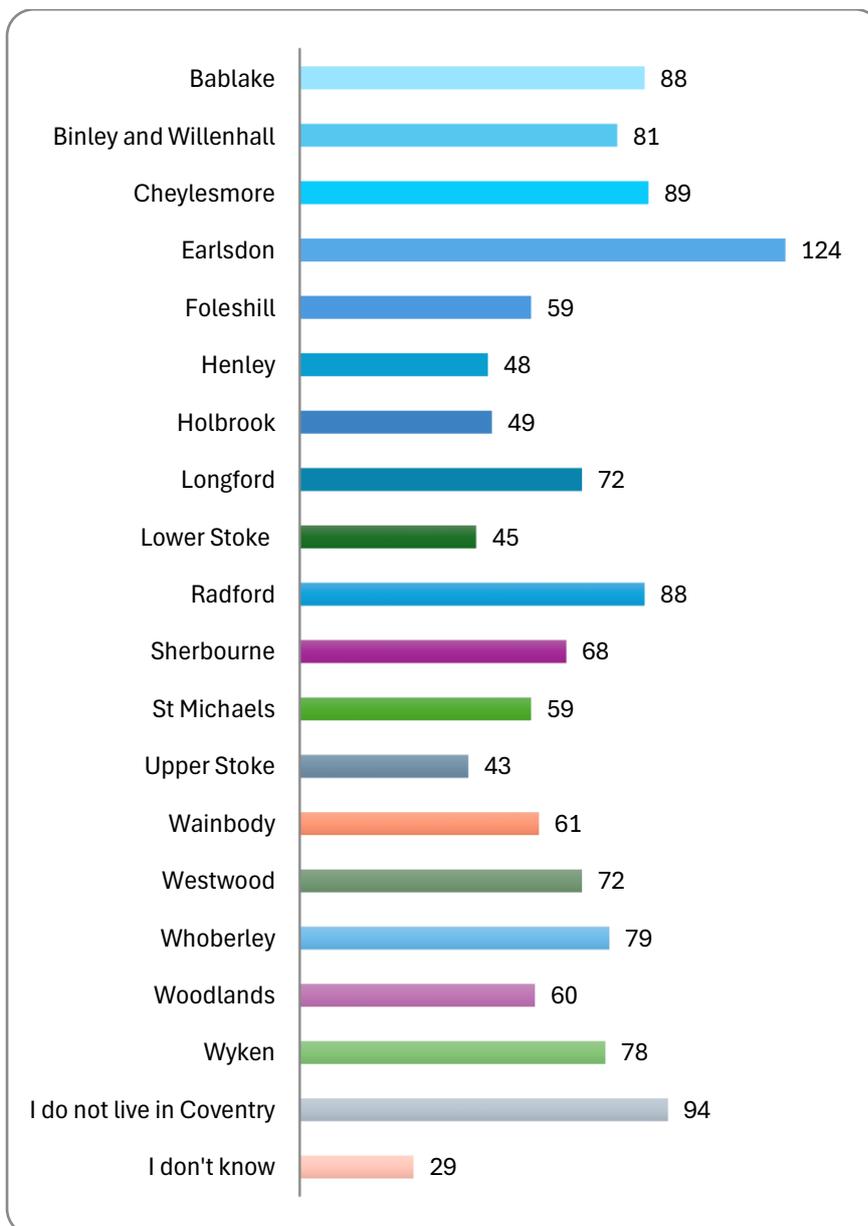
Workplace and Flexible Options: interest in workplace-based movement initiatives: Standing desks, walking pads, yoga sessions at work. Flexible working schemes to allow time for physical activity.

## **Promotion**

Residents need better information about local activities, routes, and facilities—improved signage, council website updates, and use of social media and local magazines. Calls for the council to promote running clubs, park runs, and other free or low-cost activities, and to support people of all abilities

## Profile of Respondents

### Which area of Coventry you live in?



Responses were received from across the whole city.

## What age group are you in?

Age	Number	%	Citywide Census
Under 16	96	7%	20%
16-24	81	6%	15%
25-34	118	8%	15%
35-44	215	15%	13%
45-54	231	17%	12%
55-64	244	18%	10%
65-74	292	21%	8%
75-84	105	8%	5%
85 or over	9	1%	2%

## How would you describe yourself?

Sex	Number	%	Citywide Census
Male	501	36%	50.10%
Female	867	62%	49.90%
In another way	9	1%	-
Prefer not to say	13	1%	-

## Do you consider yourself to be a disabled person?

Sex	Number	%	Citywide Census
Yes	195	14%	18%
No	1189	86%	82%

## Which of the following best describes your ethnic background?

Ethnicity (short)	Number	%	Citywide Census
Asian/Asian British	152	11%	19%
Black/African/Caribbean/Black British	65	5%	9%
Mixed/Multiple Ethnic Group	32	2%	3%
Other Ethnic Group	21	2%	4%
Prefer not to say	35	3%	N/A
White	1085	78%	65.50%

## Appendix a

All comments as they have been made

- More motivation
- Nothing
- Nothing
- Make sure public transport is accessible
- More facilities in my local area
- Coundon Park, The wedge
- More local facilities
- Nothing
- Safe running areas
- Keep fit facilities made cheaper
- not many gender safe spaces in coventry, this is advertised however it is not followed through with strict policies
- More walking groups in local parks. The Memorial Park is my local park.
- Put more exercise activities on in local park areas where groups can come together
- Easy booking online.
- Keep a check on the prices and ask them to keep it reasonable and come up with yearly/monthly membership for regular customers
- We need free leisure centre access for Coventry residents similar to Birmingham council scheme
- Swimming and yoga classes locally
- Maintain the WMP tennis courts more often considering we pay to use them
- Oldfield Road - I would love for there to be full (i.e complete) cycle routes from Allesley Old Road to the city centre and the surrounding areas. I am not a confident cyclist on the road and am currently not confident cycling with my 9 and 12 year old on the road with the cars. If there was a complete cycle routes from one destination to another we would happily cycle everywhere.
- Keep fit for retired people
- "Gyms in Coventry can feel unsafe as a woman, I've had men record me, spaces like this would benefit from staffing to protect safety of users
- Also a low cost option would be beneficial"
- "Organising for local groups in parts of the city (especially places like Hillfields and Foleshill), promoting and showing routes around the city.
- Groups in local parks in areas where they aren't available.
- Functioning facilities that can be used in local parks that have equipment to clean and maintain them"
- Have over 50s group Exercise sessions ( ie walking football) in the evenings NOT when the majority of people are at work.
- "Cheaper gym membership.
- More gym equipment at the memorial park"
- Informal, free facilities for pensioners in various locations
- Work- standing desk/walking pad to get steps in at work

- "Invest in green spaces around the city not just the city centre. Like we have family hubs, I would love to see 'Green Hubs' across the city that people can access and have activities to do. We have great pockets of work but need a more collective approach.
- If I gave you an example - A place in the city to do a 5k. A signed route around a park that has markers 1k, 2k, 3k, 4k, 5k that motivate people to run more or cover distance.
- Cycling - It would be great to have a City based cycle hub. This could be developed in a park area with a go to designated area for cycling and become the heart of cycling for the city. "
- Nothing
- We need more facilities. Safe spaces at the park , I feel park is nit safe with lots of dogs without lead.
- Free swimming lessons and other exercise classes for female only to make us feel more comfortable
- More affordable places, also more workout classes available l'm evenings
- Tennis court in longford park would be a great addition to current facilities as there is nothing available in this part of the city
- I am on Woodend area ,ther is Moathouse Lesure Centre but it dos not have activity what I would prefer ,in afterword hours
- Alan Higgs, excel and Moat house
- I find groups quite expensive and need to pay for more essential things. Also by the time im home from work im far to tiered.
- More classes through the leisure centres at times that suit me, being able to book classes at the leisure centre more than a week in advance, more activities that are relatively low impact like yoga.
- Bring back Pensioner concessions.
- Safer places in CV2 area, better lighting, free facilities
- Provide more safe walks for women in Foleshill, taking into consideration there are women who have work commitments too, make edgewick park a safer place for early morning walks.
- Free online classes that I can do at home but with a live instructor to hold me accountable
- Coventry needs a bmx pump track, we are behind so many towns in this
- Build Padel courts
- "Costs are too high, look how much it is to take a family of 4 to the wave
- Facilities taken away like the sports hall at the old baths
- Bike lanes some are so badly done take the new one that goes on to the London road. If you heading towards cheylsmore it it makes you cross the road to the wrong side than you end up on the wrong side of the road with now are to cross except at a busy roundabout with no drop curb
- Driver's in cov are dangerous making cycling thing a big gamble every ride. Once you are out of cov the drivers are so mute respectful.
- No indoor skate park take every other city around the size of cov and they have one. I travel miles to skate, the one in the memorial park is in serious need of reservation.
- Locking a bike up in cov centre is a gamble, will I still have a bike? Give us some safe bike storage.
- Bike crossings with lights actually take longer to use than normal crossing,
- Free sport trial sessions for people my age
- Engaging me to mingle with people and participate in sports activities.
- Family swimming all day at the Alan Higgs during school holidays. Currently it's on for one hour a day and tickets are either sold early by staff or you have to stand in a queue for half an hour before the session. If you don't get a ticket that's your chance gone to swim in the city as all the go Cv pools run it in the same hour. Also booking adult swimming and sauna. People sit in the sauna for hours blocking it for others.

- Better local facilities around the hillfields area such as better facilities in the local parks for children where it is not taken over by antisocial behaviour.
- Make it cheaper
- Have a go sessions to find something you enjoy
- If there were discounted schemes or free taster sessions that would help. It is hard to invest the very little money I have into an expensive activity when I don't even know if I'd enjoy it enough to continue.
- Affordable places to go for swimming, yoga etc
- Have no dog / animals days of times at big parks like memorial or coombe abbey so people don't feel afraid to go and have to keep looking if dogs are on a lead or even being controlled by the owners
- "More safer roads for cycling particularly foleshill road.
- if more people are cycling then I'll feel more comfortable doing it."
- "Cheap/free access to classes for older people - tai chi in the park same model as park run
- Memorial park "
- More organised activities than just running. Concessions for pensioners at sports facilities.
- "When i take my toddler to the park, the play equipment is damaged and unsafe for my little one to play on especially in bell green park. It needs safer equipment and refurbishment. There are nails poking out of it.
- I don't feel children are safe in play grounds and skates parks. Older children routinely terrorise and don't give them enough room to ride their bikes. At times they have even misbehaved with the adults and used slurs against the adults. Which makes the play areas unsafe for both adults and children. This incident has taken place in Longford and bell green park. "
- Access to therapeutic swimming and walking for those who are older, recovering from injury or illness. There used to be special classes for this but they don't seem to exist any more.
- Information on ideas to incorporate moving into work - e.g encouraging walking a lap round the office floor every hour, taking the stairs instead of the lift or ways to set up something like a staff yoga session once a week.
- More green spaces within Coventry
- Encourage more facilities to have childcare and offer parent and child classes. lots of gyms have moved away from the creche model
- A joined up cycle network with clear signage and online support so I know where to get on the cycle paths before I make the journey, or someone who could accompany me when I cycle a new route. And also fewer cars on the road, especially SUVs.
- "better cycling network within city - new cycle facilities are great, but there are issues at end of routes, or between eg roads, parks etc, and existing facilities are not kept maintained and swept to the standard of roads. lack of secure cycle parking facilities at key locations - city centre, retail parks, sports facilities.
- example being the wide path in war memorial park used by many cyclists, including many students travelling between earlsdon and finham park school, with very narrow link at end of path to coat of arms bridge road, with conflict between cyclists, walkers and dogs"
- Family inclusive activities where children are welcome. I am a single parent so I am limited to how much physical activity i can do around looking after my child.
- "I like to run outdoors but it doesn't always feel safe, especially in the evening or winter months, even in Binley Woods where I know many people and am part of the running group.
- I can't afford to pay expensive gym membership so I joined pure gym. I found the induction didn't tell me how to safely and effectively use the weight machines and whenever I attended I had to wait/queue to get to use the equipment.

- My job, working for the council, is desk based which means I am not as active in the day as I want to be. I dont feel I can take movement breaks due to the workload which needs to be completed."
- There is a green are on Jardine Cres which would be ideal for group activity plus a hard court area.
- More facilities locally and at an affordable price.
- More access to heath spa facilities
- Improved segregated cycling infrastructure in my local area - eastern green, mount nod, alleseley
- More cycle lanes!! And making cycle lanes better linked up and ensuring cars aren't using them to park or drive in
- "Its ironic that as a council you are promoting being more acrive, yet you are charging significantly high prices for the use of council gyms.
- For example.i would like to use my local council, at7 in bell green. I work in a minimum pay job with a family, i cant afford the £42 charge per month, indeed locally there are gyms that from £20 upwards.
- The fact there other activities like.swimming or sauna which i dont use, yet i still have to pay the full.price.
- Stop talking about these things and make them.accessible to people like me, as they certainly arent currently."
- Cheaper memberships for gyms
- "Bring back the assisted movement machines as said above. None in the local area and these are excellent for disabled and those with limited mobility.
- More classes for beginners such as Pilates . Rarely anything and all geared to those already fit and active . Some already for older people but young people can be unfit and get tired easily too and have mobility issues "
- Parking near Spencer park is all permit holders. There is only space for about 4-5 cars.
- More cycle lanes
- "I wish the war memorial park was well lit at night as I could take my dog for a walk safely, instead in winter I do a much shorter pavement walk on the street because I don't feel safe.
- Group activity Longford Park
- For one of the carparks at Longford Park to stay open longer in the evenings mid-week (Mon-Fri) for the running groups, mainly ladies to park closer rather than on the streets.
- More flexible participation plans.
- More affordable places
- Yes
- Local groups with people to help exercise but to feel less isolated. Activities that are enjoyable and that people can join in and their own pace
- "Ensure the car parking at parks and green spaces remain free for 3 hours.
- Give away good bicycles from the ones discarded at the ti to worthy individuals. Maintain above bikes by giving skills to long term unemployed to check and make good bikes."
- More hard standing footpaths in parks - park wood,canley, the shrubberies to connect to the circular route in gibbet hill wood. Calisthenics equipment, table tennis tables (and more play equipment for older children in Prior Deram park). Coventry needs pump tracks - my kids love these on holiday but there is nothing locally. Play trail round perimeter loop of War Memorial Park so hard to get kids to walk a lap ATM -probably should be additional playground near Stivichall Primary
- Not enough green spaces. Lots of new houses built in the areas I used to exercise in Hawkesbury Village
- Nothing thank you

- Safe crossing from wilsons lane to longford park. Traffic lights or a zebra crossing so I can get there safely, it's a lovely park but hard to access without risking my safety. Also cheaper parking so when you go to the city centre for a one hr yoga class you always have to pay 2 hours and it makes everything more expensive and puts me off
- Have supported sessions and people at each location who are trained working with people who have health conditions
- Re-evaluate routes for public transport to and from key sports venues and leisure centres to maximise ability to reach these at times which are appropriate for that centres offerings
- Live near Coundon Hall park and since new path was put in I have noticed a huge increase in people using park which is great. The paths ensure we can access the park in winter when previously walking on the grass was boggy and slippery. The new lights and extra bins also lengthen times we can walk and better for dog walkers too. A place to grab a drink would be great- parents use car park at drop off and pick up times from school so would be popular at those times too. Parking needs to remain free here and at other local parks such as Allesley and War Memorial Park. Why are there barriers at Allesley?
- Accessible bicycles for use at Coundon Hall Park would be nice in the future.
- I can't think if anything, because I am lucky to live near the memorial park. I run around it 4 to 5 times per week. If I lived somewhere else though, I would definitely struggle because running just on the streets of Cov isn't very motivating.
- I am part of a ladies running/walking group and we regularly meet at Longford Park - it would be useful if one of the car parks could stay only a little longer during the autumn and winter months
- I have just started using Longford park for running and recently I encountered a situation and I didn't feel safe. Need better lighting and better parking.
- Public footpaths are useless, swimming is expensive and parks are a crime scene.
- I informally lead a fun running group for a small group of friends and we regularly meet in Longford Park - which is great for all of us and is a lovely park to meet up in. However, this time of year the car park closes early which means we have to park on the adjacent road (Windmill Road) which isn't safe or practical. It would be great if the car park could stay open until 7 / 7.30pm to allow us to meet up and leave safely. It would also be great if we could advertise our group on the noticeboard in the park - but as we're not 'official' that's not allowed and it would also be helpful to have access to the toilets in the park. Finally, it would be great to have the Magic Mile feet repainted.
- free classes or facilities in centre of town
- Infrastructure in Coventry city centre to safely cycle. Access to affordable or free bodies of water (indoor, outdoor), pleasant areas for walking - see Europe
- Public transport to the Alan Higgs Sports Centre - Allard Way
- Caludon park is my nearest park, However it has great facilities, but too much anti-social behaviour
- "Parks and quite roads don't feel safe. Ensure there are enough working street lights.
- Bike lanes that stop.
- A couple of years ago there was a bike festival, we started at the mill pool and rode to charterhouse, it was an excellent day! Please let this become an annual event. Q"
- Free swimming for older women.
- Suggestions for walking routes in the city with points of interest
- More access to cheaper facilities
- 4 day work week.
- I live off browns lane so there is no park just a brief walk away it's all road walking. To access a green space like Coundon wedge I have to drive to it.

- There is already one 5k Parkrun in Coventry, but with over 700 participants each Saturday morning it would encourage others if there was another.
- Better gym access in Walsgrave
- Cheaper gym memberships
- I would like to see more activities for the elder person.
- Central Swimming baths in Coventry where they had Olympic pool size
- Swimming looking at different time for adults as when lessons are over it very late
- More chair exercise activities offered
- Support local communities to get out more into the urban environment. Ensure our parks & canals are safe places to walk. I lead urban walks & would love council support visit [www.gyc.org.uk](http://www.gyc.org.uk) to find out how you can help us over 50/55's too
- More green space in the city because the offering is incredibly limited.
- Gym for older people
- "If my walk to work was more attractive - allesley old road and Spon end into town.
- Guided walking route around town for lunch break walks."
- Allesley park doesn't have any equipment like in memorial park. Maybe that would motivate me more
- N/A.
- More street lighting for evening walks in Coundon area, along Barker Butts Road, especially along the bike lane.
- Women only gyms
- Provide more services at foleshill community centre such as yoga low impact exercises on weekends or evenings 7pm onwards.
- Radford common
- Poor bus connections to Bannerbrook make it hard to get to places like Excel leisure centre or University of Warwick Sports Centre. Routes either don't exist or are so unreliable they can't be depended on for getting to activities that start at a set time in the evenings.
- Other dogs off lead and looking to fight, weirdo's hanging around or in Willenhall Woods, flytipping causing access problems to Willenhall woods.
- Maybe discounted gym memberships, I keep meaning to get one but 40£ a month feels like too much. It is getting to winter now so my daily walks are slowly stopping and my motivation is gone.
- I live close to the memorial park and I love going to run there but sometimes if it's dark I'd rather stay in because of consciousness on crime
- A running track
- safer light up areas of the park (memorial) some arranged activities to do in groups ie walking club
- There are a lot of people who use the War Memorial Park or Hearsall Common for sports like Gaelic and Flag Football, but these spaces are not always maintained.
- Physical Exercise events . like strength training sessions or bicycle marathon
- Gym subscriptions and activities day in the office
- Park runs for free in local areas.
- Make more places available with equipment. I've seen some parks have equipment. If adding some more safe equipment could help. Edgewick Park is an example for this.
- Nothing
- I like commuting through walking by the Coventry canal which is relatively unsafe, especially for bikers/when there are bikers. Something to help prevent falling off the ledges would be helpful

- More connected cycle paths that connect all areas of Coventry and neighbouring towns. e.g. Walsgrave to Wyken to Coventry University to Warwick and even Leamington Spa etc.
- Free bicycle
- Team to do it together
- non applies
- I wish to do more active sport activities and help younger people in that direction the needed assistant i can give on their grooming stage
- I need to be engaged and trained during my free time
- "The parks could be more lit up in the evenings. Went to the memorial and there are some very dark parts now the darker evenings are drawing it.
- Organize local football matches
- More time creation
- Gos ford park
- More classes available during school times, groups being set up in local areas to help support those who want to get fit.
- Free gym passes for older people
- Promote participation clubs. We get plenty of leaflets and emails about the local pizza place but none about joining a badminton session for example
- Gym subscription
- More gyms and football pitches around cv6 6jf
- I don't feel safe walking through Willenhall, binley and other parts of Coventry so I only go out when I need too
- Longford park has fitness equipment, playground and cages for football and basketball
- Local cricket match would be good
- Part time job with full time pay? 🤖
- Increase how safe I feel in my local park, it has good sport facilities but is used by people who do drugs making it unsafe. My local park is bridgeman road nauls mill.
- Having more money
- Please if you could organise free aerobic/dancing/yoga/pilates sessions online or around Stoney Stanton Road, I would be grateful and definitely to join!
- Free or low cost courses for things which enable more movement eg Yoga, Pilates stretching exercises
- Group female walks in more areas.
- "Put lights up in Allesley Park to make it accessible in early mornings and late afternoons
- Have outdoor gym equipment installed in Allesley Park, Coundon Park, Juniper Park"
- "Mention whether parks around Coventry are public or private parks.
- List places students can visit in the internet or Google maps.
- Make YouTube videos guiding how and where to visit. This might motivate students to explore the area."
- Cheaper gym memberships at CV life, mum and toddler activities for fitness, using empty shop fronts as community gyms or places where you can get fit with things like table tennis like I've seen in other cities
- More free or low cost activities at memorial park
- I really love netball and I attend a friendly non competitive group, that isn't in a league. I really enjoy the fact that there's no pressure and it is just for fun. There isn't another group like this in the city, it would be great to have more groups like this for netball, but also for other sports, as most groups

like this are competitive and have the purpose of winning and with that comes pressure. I would imagine that for people who struggle with mental health or have confidence problems will find it harder to join a competitive group. plus its flexible, so no commitment if you can't make it one week.

- Free football camp
- "more beautiful green spaces (not incl. childrens park), websters park behind broad heath school used to be an amazing space, but ripped up for new housing development - lost a valuable green lung in a low income area with poor health outcomes, much more smaller compared to how it was and now lots of loitering of residents from new estate - so not safe for walking, running etc.
- better routes to access canal - again great to have a nice canal path in north of city, but access routes are poor (thinking of the one on foleshill road by tower court/sutherland house) - narrow staircase and leads you onto path by the bridge - can be quite off putting
- better control/restrictions on pavement parking - a massive issues across Foleshill, but on stoney stanton road and foleshill road in particular, two major paralle artery roads well suited to making circular walking routes - creating street scenery that blocks cars from mounting pavements - bushes, small wooden posts (such as the ones alongside kenilworth road near to park), grassy embankments, then walkers/runners will feel less like cars are on top of them so safer when walking/running and to stop cars from parking on pavemnts.
- Fitness facilities in parks 🏋️ around CV24, for pull-up, sit-ups let's move! Sport is life! Cutting grass on football pitch!
- Have more free open places to encourage exercise and physical activities.
- In regards of where I live - I would love to go out for a walk more by myself or with a friend but feel there aren't areas which are beautiful or well looked after or in a 'good' area (definition for me of feeling safe). For example I don't live far from the swan pond at the Stoke Flood Greens and there is some sort of foot path going along the marsh but I wouldn't go back there on my own. I think there could be more well kept paths where it is more inviting for people to go and walk and enjoy the green space. Also, there could be a foot path connecting with a little bridge over the Sowe River to connect to Clifford Bridge Rd for example.
- I will be grateful if you can provide swimming lessons with cheaper price at AT7 Centre (I imagine even you can offer free lessons like young people cycling sessions from which I know how to cycling, so I'll also know how to swim from you!) I also like badminton, so I also wish to have free badminton lessons at Broadheath Primary School or Red Park or Eagle Street Park 😊
- Support parkrun to put on more events across the city. Ensure the parks (memorial park) are adequately lit the whole way around.
- Easier access to booking systems and what you can attend adhoc
- For Coundon Wedge to feel safer when walking alone.
- Better walk/cycle routes through the area. I might consider cycling to work if I didn't have use/cross busy roads. Cycle/walk routes through Longford Park/Coventry Canal do not feel safe once it's dark as there are less people around. Barriers designed to stop motorbikes are a particular issue as you have to slow down/stop to get through them and this can make you feel vulnerable. Some locations do not have natural surveillance or lighting either. There have also been cases in the news of cyclists/joggers being pushed into rivers/canals so routes next to waterways need to be considered carefully. Some sections of road are particularly dangerous to cross such as Bedworth Road (especially near the railway bridge) and the junction of Longford Road with Windmill Road. When walking, the combination of too much street furniture and pavement parking can create issues – often have to go into the road to walk around vehicles. Poor air quality along the main roads and lack of street trees also makes walking in these locations unpleasant. Culture wars are problematic. There is a general lack of respect for people who use sustainable forms of transport which is often reflected in the attitudes expressed towards them. Drivers frequently go through red lights when pedestrians are crossing and I have witnessed others speeding up to intimidate people into stepping back on the pavement. The area lacks community facilities in general – library, youth clubs, etc. It is also losing its public houses, social clubs, etc. There have been issues with access to the Wyken Slough LNR carpark which could limit the use of this green space. There are no playing fields or allotments on the west side of Longford. The lack of local facilities discourages walking/cycling and public transport doesn't always allow easy access to locations that do offer them. Longford Square is not as welcoming as once was. This needs to be

looked at along with supporting the shops located nearby. On the positive side, we have access to some lovely green spaces and the facilities in Longford Park are improving all the time. Many of our places of worship and schools are active within the community. We also have a Scouts hut based in Alderman's Green. A new Pure Gym will be available at Tesco Arena soon.

- I walk around the recreational area/park in eastern green at the back of the eastern green church hall. It would be excellent if there could be a path area the edge of the field and better lighting. It would help to feel safer, make it more accessible for wheelchair users and pushchairs.
- Make membership to places like tje allen higgs cheaper for people on benifits and offer free training programs from the staff or 1 2 1 sessions
- Get me further up the nhs waiting list for the operation
- Please start the keep fit classes again. Or organise something along these lines.
- I would like CCC Adult Ed to offer zumba/keep fit/pilates/yoga during the day
- Something in Eastern Green for older people
- One of the main problems I live in Broad Street and so to go walking you have to go at Foleshill Road or Stoney Stanton we normally walk to the canal and then along the canal stop then walk back on one of the roads but you find those parking on the pavement difficult to walk on the pavement especially going up Stoney Stanton towards the canal at Gallagher as round the car wash garage at crossroads Junction you can hardly walk on the pavement nine times out of 10 you have to go on the road madness I've reported it to Parking nothing seems to get done
- Coventry roads are hostile for anyone not in a car. Addressing this would encourage more cycling.
- Make cycling a lot safer. More dedicated cycle routes. Have guided cycle tours around parks and the city
- The Council needs to create more protected open green spaces. There are no suitable places near me to exercise. There are only small open green spaces but these are used by local residents to exercise their dogs making the areas unsuitable for play or exercise. Roads around me are often congested meaning increased vehicles fumes which negates any benefit from exercising.
- A closer bus stop would help, my nearest is currently too far for painless access. I don't think it is safe for me to cycle anywhere yet and a static bike, like the gym, is pointless.
- Need to know what help is available.
- I want more choice for my age group and gender that doesnt cost the earth!
- "I play badminton, like many people in Coventry, but as badminton needs other people to play with it can be difficult for people to play as often as they want. There are a few 'No strings' sessions Where a single player can just turn up & play but some are on weekdays in the daytime, the sports centres could arrange these sessions at evenings or weekends, but they don't bother.
- My friends organise one session, but finding a suitable venue is difficult, at the moment it is run at Ernsford Grange school on a Monday at 6.00pm , but we can't play every week as the school uses the hall for exams every so often, the changing rooms are often locked, & nobody is allowed to take a shower !
- The number of sports facilities for badminton is limited, and weekend sessions are often unavailable where sports halls are booked out for other sports, or events. (I have a block booking for Sunday afternoons at AT7, but over 8 months to the end of March 2026 16 weeks are unavailable, that is half the weeks , what's the point !!) Of course the sport centres will rentout the sports halls if they can get more money, & they like to host competitions, as the Council can boast about it.
- Badminton is a sport enjoyed by all, women, men, & all ethnicities, & is especially good for girls & women who don't want to be cold, muddy, or kicked playing rough sports like football, rugby, or basketball, but there is very little organised by the Council, or the sports centres.
- Many sports would attract more players if they were promoted better, the Council even now persists in the idea of 'pointing' people to Clubs that you have to commit to, pay membership, compete for places in a team etc. We actually need more opportunities like 'No strings' where someone who

likes the idea of playing a sport can just turn up & play ! This would work for basketball, volleyball, trampolining etc, but needs organising & promoting !!

- Also the main sports centres at AT7, Alan Higgs, , Moathouse, & Excel do not have online booking ! Unbelievable in this post Covid world & trying to get an answer on the phone is almost impossible, so this stops people booking sports & swimming sessions. In fact swimming is difficult to access at AT7, Alan Higgs, Excel, there are so many different types of sessions, & unavailable times due to parties, closed school sessions, & holiday activities etc. that it is hard to find a time to just swim ! At AT7 you have to queue up for a session with limited places, it is a regular occurrence to see children crying with a parent after being too far back in the queue at a popular time , my daughter included, a couple of years ago. In fact now I book sessions at Bedworth leisure centre online for swimming, Coventry Council should be ashamed.
- In fact my daughter has wanted to use a gym since she was about 13, but it was difficult to find anywhere she could go, she has had a membership at Bedworth leisure centre for the last year, & can now get a membership at the new Pure Gym at Arena, at 16 years, but Nothing was available at 'Council' facilities.
- There is no sports centre in the centre of Coventry where everyone can travel to easily by bus or car, or cycle, & now there is going to be 900 more homes in the City centre , There is a gym & small swimming pool at The Wave, but only for members, again no way to just pay n Go,
- However there is the 'Elephant', purpose built sports centre sitting idle , costing money to keep closed, it used to be used for badminton, table tennis, bowls, squash, also a climbing wall, and had a lovely children's play area for parties. There is no excuse for the Council not to invest in reopening it, now it has been left to rot by the Council it would need some renovating, but why not ?
- Closing the Coventry baths because of the ongoing running costs was a mistake, everyone but the Council understands that, The Wave was not a replacement and was designed to get visitors from out of town as an attraction, & not to serve the needs of Coventry people, the cost of the wave & the 50m pool at Alan Higgs far outweighed the ongoing renovation costs that would have been incurred to keep the old baths & sports centre going for another 20 years. When the baths closed at beginning of 2020 as soon as the City had finished being ""European City of Sport "" , my daughter cried & we stopped swimming on Sunday mornings.
- I know the Council has proposals to get more sports facilities available, this is a good idea, at Ernsford Grange they have great tennis/netball courts, but they remain empty all Summer as does the sports hall, the same on weekends & evenings. The problem of course is Staffing & organising. These facilities & others like them can be used by the public, but as I previously said, it is no use just having them 'open' they need online booking, & staff running OPEN sessions !
- Of course the giving away by the Council of the running of sports facilities to the poorly run Coventry Sports Foundation means that it is difficult for you to arrange the availability of sports !
- Well there are some of the pointers that you can take on board, but probably won't !
- "There's nothing you can do. In question 3 you haven't included two things that stop me from being physically active:
  - muscle and joint problems
  - that I find the physical activities you list are so tedious and boring"
- I cannot walk when I want to (e.g., morning) because Gibbet Hill road is uncrossable in rush hour in term time. There's a new Zebra crossing .. but that leads only to a locked gate!!
- More areas to exercise more with groups
- I don't feel safe walking to the gym in winter months when it is so dark outside - put better street lighting on the walk from Kensington Road to Village Gym.
- Bike lane to Coombe Abbey.
- living in coundon I don't find there are many picturesque places to walk to without having to use the car first - just my personal opinion

- More cycle lanes, in particular between Cheylesmore/Styvechale and the London Rd cycleway (Whitley roundabout to Asda roundabout).
- More safe open spaces for people to exercise
- Re-introduce keep fit, Pilates, yoga to adult education. It has all been re.oved from the curriculum.
- Provide a sitting service to allow me more time out.
- Somewhere local to go that offers OAPs gentle exercise
- A wide range of types of activity. It shouldn't just be about sport, but also about drama, dance, physical expression - stimulating mind and body.
- "More day time exercises in accessible places by bus.
- More palate, aerobics and low level exercises please"
- More lights around the pathway at Memorial Park. Very dark in the winter months.
- Safe and organised walks
- Nothing in my local area for retired to access community venues within walking distance of Holyhead . No swimming pool or community centre . public transport doesn't go anywhere near the Wave or station . Could do with at least one bus turning right onto the ring road towards the TrainStation and The Wave.
- "Organise group walks.
- Better public transport specifically to Alan Higgs centre
- Difficult to access swimming opportunities during day as pools are mainly used by schools "
- More swimming facilities especially in the North West of the city
- "Ideally more activities in Spencer or memorial park.
- Cheaper options to sign up for a 'block' of so many sessions of gym/ pilates/ yoga. With discount if renew.
- Don't like the commitment of a monthly membership, as can't always utilise when unwell or away from home"
- Safe running routes - for example, turn the lights up on a mile loop in different parts of the city.
- I have severe arthritis in my knee and used to love aquarobics and swimming. I find both these can become costly and also not always available to do at certain times. I live outside of Coventry but I do work in Coventry.
- I think Coventry has very disappointing leisure facilities, as a family who liked to swim we often find sessions booked out at the weekend and antiquated systems for booking (for example at the Excel- having to ring up and no on there to answer the phone). On a couple of occasions as no one has answered the phone we've turned up to be told the session is full. Staff on the receptions of both the AT7 and Excel Centre are often rude, ignore you and stand around talking to their colleagues instead of seeing to people. Having young children who we want to encourage movement but find Coventry facilities infuriating and almost not wanting the business.
- Proper street lighting at night. More staff at the gym (Wave) to keep it clean (it is not clean in the changing areas at present).
- Do swimming, go to the gym, play Padel
- Subsidise or negotiate discounts on all gyms in coventry
- "More cycling sessions for Childers and female.
- In door physical activities for children and females. Hiking etc"
- "Hillfields
- Spider Park
- Stoney Stanton Road
- Lightens up

- Tennis Court unused.
- We could have sessions available to children and mothers. Access to women after 7pm.
- Have locker to store equipments.
- N/A
- Not many walking groups in my local area now that I have moved to Chapel fields in Coventry
- Would like to do activities but the gyms are too expensive
- More ladies only facilities
- Find more information free activities. Luckily Positive youth Foundation have a free which I go too and in my area. I also got to the Muslim resources centre where the fitness class is only £2. And the trainer is excellent. she also works for cv life.
- All users calendar invites that say STOP take 10 minutes to move around- touch toes, walk, lunges stretches.
- Corporate gym membership offers in Coventry
- I love swimming but the cost can be off putting. I understand why it costs what it does due running costs. If there was some funding towards it or a reduced cost that would support me more.
- Lack of informal facilities in Allesley, Coventry
- More tarmacked / hardstanding park & green space walks, ideally in a loop.
- I already spend at least 14 hours per week walking. I do not want help in walking more than you.
- Local places close to home, easy times after work or weekends. Activities you can do with the whole family, gives you quality time and a great bonding time whilst staying active
- I've just started at the gym with a pt but as an overweight individual its hard to stay motivated, so having more places to go when not with them or at work would be good especially an affordable option
- Make parks safer for females to walk alone without being approached/propositioned.
- It would be good if there were exercise areas in the local park (Naul's Mill Park in my case) - with bars for calisthenic exercises like pull ups, sit ups, press ups.
- I love being out and about should the weather be reasonable and not wet, cold or windy due to my health condition.
- With the dark nights, safe parks local to where I work, especially working in the city centre. More groups that work together which could make it safer.
- Tun a group
- I belong to a community passionate about cricket. We don't have nets around CV2 area. Edwick park nets are far from stoke and Wyken
- have group support and gentle exercises age related and easy access at discounted or free cost
- I would love to be able to swim again, but cost of the gym membership at the village hotel by me is too expensive. Also you cannot just pay to swim you have to take out membership.
- More availability please for south Asian Muslim women
- I'm not sure
- Parks, open areas, outdoor gyms
- More astro pitches
- Make the parks better to walk round
- running club
- Running

- No
- I do 30 minutes of exercise with video for the over 70 's
- Free time
- Places are so busy that someone who is slower needing time not always available
- "Safe accessible places determine whether I'm comfortable to walk alone. Coombe Abbey is a wonderful resource but I only stick to the main paths because I'm wary of walking alone. Irresponsible dog owners mean that I steer clear of paths where dogs are off lead.
- More green gyms in rural locations please.
- Cheaper public transport would mean I would be more likely to walk to the bus stop/train and then walk around the destination rather than taking a car. I don't feel particularly safe walking into town with my children due to crime.
- "more spaces with floodlights to support youth football training over the winter months that has a reduced cost.
- I go to a over 50's zumba class once a week at Xcel. I would like something more than once a week for my age group
- "If not able to provide a hydrotherapy pool, then a central/good access( via public transport) swimming pool (+ also large jacuzzi) heated more than the usual temperature, where one can swim/exercise in shallowish water + not have to swim only in a lane format with deep end.
- Years ago they had classes on a tuesday afternoon in Tile Hill area before it was ?? demolished."
- Since 2022, I provide different sport (Football and Basketball) activities for youth and adults, Last summer, I organised football activities for adults aged 18 and over, and many parents from different communities also took part. I created various community events and friendly football tournaments in the local park. Even though it was challenging without any financial support, we managed to bring people together and promote health, teamwork, and community spirit. I am now looking for funding to hire a safe and suitable space where I can continue offering football sessions for adults and young people aged 18 and over. I can also provide photos and other evidence of these activities if needed.
- Provide more activities specifically for those with additional needs as a lot of people can have a very negative attitude to those who do not behave in what they consider to be a neurotypical way.
- Create safe spaces and opportunities for single people to come together for certain sports which you can't do on your own eg badminton, tennis, padel etc
- Bands in the park to every park around Coventry park next year
- It would be great to organise walks in parks or routes gathering groups of people.
- I'd like to attend classes locally but not sure what classes are available and when
- Publish list of local walks and public footpaths.
- "Park safety
- A path in the park and more seats and bins ( lake view park.) it gets boggy muddy mainly suitable for dog walkers, should be for all "
- I like to run outdoors, usually around the streets in Cheylesmore. Wet leaves make that difficult at the moment, I don't want to slip. I'd like to do park run but the memorial park run is too crowded, and I don't have transport to the other Coventry one.
- "Swimming pools seem to have quite limited public swim times, there are lots of teaching lessons in the day and not much open access.
- I've never found daytime dance session. "
- Make the park light when it's dark especially the Slough park area
- Sports Centres should be open earlier and later on weekends. There is no reason for (for example) the Alan Higgs swimming pool to not be open until 9pm on Sundays too
- Stop closing golf course and do maintenance at Allesley course.

- Facilities for older people within walking distance to my home in Broad Lane
- I prefer to swim, but as I'm now a pensioner I can't afford to pay a regular monthly direct debit. I can only go swimming when I have spare cash available.
- Get my surgery brought forward
- Find a group
- Make the roads easier to navigate - so many road works going on mean that i am unable to travel to the parks i like to run in because the travel time is unmanageable
- regularly inspect and clear overgrown branches overhead and at sides on pavements, especially for shared use, don't wait for fixmystreet reports; clear fallen acorns and chestnuts, shards of glass,; monitor and clear overgrowth on time on footpaths as entrances/exits from/to the fields around city; fix road (and some pavements) surface for popular cycling routes; do something more cycling friendly at canley ford and northbrook; bramble street too narrow for cycling with buses and both side parked cars and needs a permission to turn left towards city centre; hang basketball nets on rims at parks, clean skateparks surface; prevent cars parking on pavements fully blocking way, especially around industrial estates; clear flytippings around river sowe, from areas away from footpaths, but damaging environment, also clear river itself, and coventry canal footpath needs surface to be renewed for cycling i think, from hawkesbury to basin
- Exercise classes for 60plus age group in local communities and accessible by bus in poets corner area
- Meeting people would help, having people to do stuff with
- Maybe some support to get outside
- Cycle free walking/running tracks
- "Keep the carparking free at the war memorial park in Coventry.
- It's good for the park run. Also taking the grandchildren
- I would use combe abbey but for our of town parking it's becoming ridiculous."
- Without my own transport I would find it difficult to get to Xcel Leisure Centre which I go to 4+ times weekly. I would have to get 2 buses each way.
- Nothing
- have O.A.P / ADULTS only SWIMMING IN COVENTRY
- Help build a community where like minded individuals can connect
- "Less expensive car parking and fuel prices. Safer roads/drivers.
- I frequently walk with my grandson 2 1/2 but it's difficult to find somewhere safe to do so we were recently walking on a path between narberth way and Wigston road Walsgrave and where almost run over by a motorcycle, despite there being barriers, it's really put me off , and makes me anxious, the pavements are crowded with pavement parking and so I am finding it increasingly difficult to find a place to go
- Allow pensioner prices on the monthly Excel centres fir swimming nit everyone can use the gym
- I'm looking for a gentle exercise or yoga class that's accessible to me on evenings or weekends at Blue Coat School. I work during the week but have Monday and Friday afternoons off, so an afternoon class on those days would also suit me well.
- Other local venues that would be convenient for me include Gosford Park School (Humber Avenue), All Saints School (Strathmore Avenue), and St Anne's and All Saints Church (Humber Avenue).
- I used to attend yoga sessions at Cheylesmore Community Centre and Stoke Aldermoor School on Monday and Friday afternoons, but unfortunately, those classes no longer run. I've checked the Choices magazine, but it now only lists dance activities. I'm not interested in belly dancing, line dancing,

or Bollywood dancing — I'm looking for something that supports core strength, balance, and overall wellbeing, which are especially important as I get older. Choices magazine confirmed that they now only offer dance-based activities.

- I was pleased to recently discover a Sunday exercise class run by CV Life at the Herbert Art Gallery, although it doesn't seem to be well advertised. I think more people would attend if they knew about it.
- If there were a walking group starting from Terry Road, I'd happily join — I'd feel safer that way. At the moment, there doesn't seem to be much available locally to help older people stay active, and I'd really like to see more opportunities for this in our community.
- Free access to a gym that helps people like me that have mobility problems
- "Put an outdoor gym in Allesley park.
- Arrange scavenger hunts around local parks.
- Start a website for people to find activity buddies."
- Group low impact exercise in Longford maybe at the church hall?
- "Women's walking groups in the park
- Or female only events "
- "More female only swimming sessions. There are
- Very few and they're at awkward times."
- You could stop throwing away money on racist and bigoted things such as DEI, or on money laundering schemes like "net zero" and you could instead hire more police to walk the streets.
- More accessible activities for people with severe disabilities people permanently in power chairs, online activities or groups like chair relaxation and yoga... I can stretch my neck and do breathing exercises to help me,
- Extend the relaying of paths.
- free events
- I'm 54yrs old, i think arthritis is setting in, i'm massively overweight and scared. I'm also out of work and can't afford to train.
- More affordable and nearby gym facilities
- War memorial funded activities, discounts on tennis club
- Goal posts back in the parks. For gods sake dont start charging to park at memorial park, thats one of the few places to go jogging without having to run along roads.
- "I would like more facilities in and around Earlsdon that I could walk to.
- At the moment I am travelling to moat house leisure centre for a couple of my activities which is an absolutely fantastic centre , I wish it was nearer to earlsdon so I could walk "
- No facilities for older people in any Coventry park such as pétanque (French boules) where all ages can participate. The young have play equipment, youth have tennis/ football etc. pensioners nothing
- Bring back indoor bowls to Coventry
- More information about groups and activities in Coventry. More me persoanlly that would be areas close to St. Michaels and the city centre.
- "Coventry City Council don't cater for older people , there are few benches , it could've been?level footpaths, bowls or french boules pitches when there are loads of football pitches etc

- Why is there no walking path around Hearsall Common - both sides and the woods? This has been done in other areas - tile hill wood, jardine crescent etc. The woods and green areas become mud and waterlogged from Oct through to March - creating a path with benches would make people use the area more.
- I would like to swim, but at my great age I need easy access to the water, the pools with this are too expensive and should offer cheap off peak
- Brackley Close, Eversleigh Road, Birchfield Road, Mapleton Road, Brownhill Green Road, all the paving slabs are broken by cars driving over them to get on the drives of people who have not paid for a dropped kerb so when you try to walk with or without a stick there is always the danger of a fall which isn't good for the elderly. I have reported this but nothing has been done
- "Safe local places as I don't drive. Exercise for older people in my area. Arm chair exercise for example as zip have painful joints
- CV3"
- "As a senior citizen with mild/moderate COPD I walk every day at a fast pace, as a form of aerobic exercise. I do not live particularly close to a park, so walk built-up streets. The biggest problem to this, is the ever increasing amount of pavement parking of vehicles, obstructing the pavements. I am able to walk around these obstructions, but sometimes that involves having to walk in the road...if this is a problem for me, then how do wheelchair users, the partially-sighted etc cope? This needs to be addressed by the City Council.
- Use of of gyms for sessions for older people. Wyken/Stoke
- Having activities in my local area maybe in a local community centre rather than having to go to a gym.
- I'm lucky as I have lots of walks, Allesley and Coundon Parks and country footpaths. Some pavements and lanes are in need of repair eg Staircase Lane and Nothbrook Lane.
- My doctor's surgery invited me to learn to swim, or learn to play golf or learn to play indoor bowls. 12 week course at reduced rates at appropriate centres. 8 years on I'm still attending, improving and making friends.
- Increase amount of trees in Coundon Wedge and also near Amazon BHX4.
- central sports facilities - i used the elephant multiple times per week before it closed
- Bowling Ten pin walsgrave
- "Party Runs offered in other location other than WMPark- eg. Longford Park
- Facilities in schools should be offered at more locations across the city but particularly at weekends
- Most offerings are City centre specific
- Car parking & fees need to be suspended "
- I'm not sure
- SOMETHING OR SOMEWHERE I COULD GO TO, TO DO EXERCISES SAT DOWN AS MY LEGS ARE NOT GOOD AND I DO NOT HAVE ENOUGH ROOM FOR EXERCISE MACHINES.
- Cheaper gym membership
- There are many dogs without leashes at the park ( black berry lane) . I am always scared when I walked pass them or see them without leash. As a result of this , I stop going to the park.
- "More cycle lanes
- Safer to streets to run on and better state of footpaths, lots cracked with tree roots, paths currently slippery with leaves
- More parkruns accross the city so there are more local to people - exercising and meeting old/new people is great. One's in the Memorial Park, can't there be more?
- Also more visibility for groups facilities for elderly people so they can get moving too

- Offers for council owned gyms/leisure centres
- Closer to home, perhaps in a local village hall, and no more than £5 per session. a straightt after work session
- Exercise equipment in folly field. Better pedestrian infrastructure the state of some footpaths is well below what one should expect
- More inspiration; activity ideas, success stories, discount codes. Practical steps to get me out of the door. Preview of venues/activities so I know what to expect.
- "More daytime walks in my area.
- Swimming pool built locally."
- I have no idea
- The parks are great, War Memorial and Allesley in the summer but dark mornings and dark evenings put me off in the winter
- Street cleaning and weeding. Streets around earlsdon don't appear to be cleaned very often and can be very unpleasant
- Time
- Running a regular tea dance every week.
- Some thing on tusday wedday it there any thing on universal credit so money tirt
- Good well-maintained and signposted footpath network in and around Coventry
- Remove the rubbish, ensure cars do not park on the pavement
- Community fitness activities
- "More gym classes
- More affordable gyms "
- Liaison with physio, doctors, etc for suitable exercise that fits in with health issues, etc
- REVIEW PRICING
- Swimming information made clear, doubt the new Swim facility would be for me.
- Clean and tidy facilities to make them more appealing. Reward scheme for those trying it for the first time an app to help track and motivate and provide new areas and share event details coming up.
- "Adult only swimming consists of swimming continuous laps which is no good for a beginner.
- No refresher swimming classes for adults.
- No limited mobility only sessions /classes in the pools.
- Get more lighting the whole way round the memorial park
- "Plenty of places to do the exercise I want to do so nothing more for me.
- "More information on what is on in my area (CV6) easily accessed, all in one place.
- Cheaper public transport to get to activity "
- Charterhouse fields needs more facilities to enable people to get fit and active walking groups with leaders better play facilities for the children but adding the outdoor exercise equipment for the adults might help. With the developments of the National trust and the environment linking them all together would improve the local area and attract more visitors
- Make the prices more affordable for me
- More street lighting in the longford area so i feel safe to walk in the dark
- Nothing, I'm active everyday
- there could be walking groups in different parts of Coventry and it would be lovely to have more dance classes for adults

- Prices of swimming and availability
- Provide more classes for active older people
- I could do with benches along Proffitt Avenue & Old Church Road
- More buses through Earlsdon
- Trainer led peri-menopause specific weight training classes; and at times not during the working week
- "Safe spaces for women. Better street lighting to enable safe street running
- More flexible times for events such as gym classes
- Group outdoor activities"
- "running by busy roads, mixed with cyclists on paths is unpleasant and often insulting.
- running round the streets in the dark is unsafe, same goes for the park if I can get there.
- so make streets and park safe in the dark and when less busy. also ask bikes to respect pedestrians and slow cars down. More low speed residential areas, include bikes in speed limits, illuminate and patrol areas to increase protection."
- Walking partners for safety
- More information about groups
- Would like more groups and community activities, local park is very close ( lake view)
- Provide more linked up cycle paths
- Improve pavements and footpaths. Mount Nod.
- "I used to use the toning tables at the old sports centre but these were subsumed into the facilities when the model changed from discrete payments to a monthly subscription, which I couldn't afford. There are no toning tables available now.
- Toning tables were originally devised for people with arthritis and had wider purpose for others with limited mobility and health. This rationale got completely lost in the changing nature of the sports centre.
- I doubt the council will be prepared/able to reinstate toning tables due to the cost. If they could, they would need to be separate from the current subscription model.
- I am raising this issue as I feel that there is a large constituency who might be unable to take advantage of what is being proposed, but who desperately need a means of exercising safely and appropriately, something the toning tables offered."
- Be more accessible to Visually Impaired people. More assistance when using public gyms etc
- Having less joint pain would help me move more
- "Keep providing free car parking at The War Memorial Park
- Put lighting all way round War Memorial Park so feel safe when walking/running"
- Daytime classes away from the city centre
- Showdown is traditionally played on a wooden table. There is no reason it couldn't be played outdoors though, if one were made from metal or stone. I use the War Memorial Park, and an outdoor table where we could play would be a great facility. There's the wonderful gym equipment in the Longford park, so more of that stuff would be great fun.
- Make Caludon Park safer
- I find if you want to walk or exercise there are plenty of sites to do it, and exercise equipment park as in Victoria Park Leamington
- I play tennis at the War Memorial Park & although there are floodlights the surrounding area is extremely dark so I have had to stop playing now as I felt very vulnerable !

- "Run more community based activities in every area of Coventry.
- I live in the southern part of the city, on the edge of Stivichall/ Cheylesmore. There are quite a lot of things at the Cheylesmore Community Centre organised by the Adult Education Team but at a certain cost unfortunately. I have found a very affordable sport initiative launched at the Xcel Centre for 50+ for only £2 an hour (and it is a drop in. No obligation to turn up every single week). This example be copied and offered in more places. Community run activities like those also organised at the Foleshill Community Centre should be advertised in a better way. Maybe a list of free and/or affordable activities could be posted on the Go CV and other websites."
- "Memorial park, worried to walk or run on day evenings.
- Used to play badminton with friends but it was really difficult to get court. You can't book them online. Had to ring up and wait for someone to answer, only to find the courts were full."
- Recognising state pension as eligibility for go cv + status. Govt are classing it as a 'benefit' when it suits their agenda/scenario but the fact that it is not one of the qualifiers means we can only have ordinary go cv card. This debars us from participating in most of the provision under the scheme
- Fewer cyclists on pavements.
- Nothing
- "Edgewick park has the equipment but it's mainly used by Eastern Europeans as seating. They're in large groups and quite intimidating, so don't feel safe asking them to move.
- More community led sessions at a lower cost or even better free. "
- I can't swim and would like more access to swimming lessons. They tend to start and end at certain times. They should be offered continuously. I can't ride a bike proficiently. Adult bike riding lessons would be great. Better advertising of activities and reduced costs. Gym us a turn off for me, more open-air activities would be of interest and small group activities.
- More accessible swim times for children who are good at swimming but don't want to go swimming in the family time session at Xcel. Can't go early morning due to secondary school but weekends are family swims or adults only. She's just as fast as adults and just wants to do a few lengths without interruption.
- i walk and run a lot and find that its the most difficult in the winter months - as the nights draw in quicker and often gets dark by 4/5pm it restricts me from going out after dinner for example due to safety concerns and no lighting in the parks - Stoke Heath Park and Wyken Croft are both places where i enjoy walking/running but it's pitch black in the Croft and there is the tiniest bit of lighting from the street lights for Stoke Heath Park but not enough to comfortably walk round. Can we not adopt similar approaches to Leamington Parks e.g. Victoria Park where they have installed solar bollard lights all the way round? It's just a much nicer placer to be when you feel safe and i don't want to have to go all that way just to walk and feel safe. Solar Vision Lighting Technologies is a local company that provide just that
- Safer areas and parks to walk, run and cycle
- Stop the dog owners from allowing their animals' fouling and ruining pavements and parks.
- Better, safer places to walk
- More drop in sessions.
- Signposting events for seniors
- War Memorial park
- Great local nature areas such as Sowe Valley but insufficient foot paths and lighting.
- Nothing that can be done apart from medical interventions.
- I live near the Maudslay pub off the Allesley Old Road. The Village sports centre is near by but too expensive

- More wardens in parks such as War Memorial Park and Whitley Common
- I would like to cycle more with my son but I don't feel safe in the roads. I can see more cycleway are being put in, but they don't seem to join up. We joined in with the cycling event when roads were closed and people were encouraged to get on their bikes and I thought that was really good. It did give me more confidence, but then I lost it again, so events like that could happen more often, encouraging everyone to get on their bikes. Sometimes I walk at the Memorial Park and I like that. I think it is accessible and the free parking for 3 hours helps. I could even play team sports there if I wanted fox or on Hearsall Common. It is accessible. I just don't really have anyone to do that with. Everyone seems so busy and caught up in their own lives. It is hard to meet new people nowadays.
- more walkways
- Outdoor gyms are normal additiin to each play area around the world. In Cov we have only 3 or 4 as far I am aware. The facilities for children (so that they start liking being outdoors) are outdated and not welcoming at nearly each play area. If you encourage children to be outside by updating play areas for them and for the adults, that will prompt more families to come outside and exercise together. Look at Binely Tic Toc Park, there is so much space that could be turned into an outdoor gym. Or the green space around Binley Fire Station. There is so many people jogging there and that will help a lot if the outdoor gym would be placed there to do more than just jogging.
- Throwing money st this isn't the way to solve it. I get that someone has had this great idea that the reason people dont do more activity is because of lack of opportunity. It isn't. People have different priorities and whilst the idea of encouraging Muslim women to walk in the park or white children to play football instead of FIFA is noble, the reality is the amount of kids that are going to pick joining a 5 a side over smoking weed is perishable and insulting. This has been a thing for years and wont change no matter whose job has been funded to do it. The problem isn't availability. The problem is driven by a lack of decent wages, housing and prospects.
- "Being able to access green spaces traffic free would be a game changer. I live in Binley, and we have some great routes (Sowe Valley, Coombe, 12 o clock ride, Binley woods etc.) but none of them link up without having to run on busy roads like Brinklow road, or paths next to busy roads which randomly stop leaving just the carriage way. Or sowe valley for example requires running through and around the hospital rather than just behind the hospital to walsgrave hill which would be far more enjoyable, traffic free and Mae the route more accessible.
- There's very limited parkland around this side of town, we're missing a park like allesley park or memorial park within walkable or runnable distance, to a park where you can run loops, access services etc. all traffic free.
- It's a shame because in Binley, 500/1000m of connecting paths to existing paths would connect up all the great spaces (Coombe, Binley woods, sowe valley) completely traffic and road free, and a little more pathways around Coombe fields road could connect you to the canal pathways further improving access to green spaces and the Coventry way etc. "
- More aqua aerobic classes
- A cycle path at the Memorial park would make it easier and safer for people to walk around either individually or in groups without having to constantly avoid cyclists
- I dont think its up to you to motivate me or others, its up to ourselves.
- Make me ten years younger!
- Happy with the amount I do
- Local affordable swimming pools for adults only. Country Parks with easy access and free parking or easy public transport
- Local activities in parks. For me it's War Memorial where more sports events could be organized. I'm very happy to see people started playing football and cricket there. There's Saturday parkrun and Sunday parkrun for kids. Once a year we have Sphinx running club organizing a run there and I think there's a sports day organized by Indian community once a year. I think there's a potential for more, especially for kids. Sports events for kids would

be popular and would make parents go out, cheer and maybe compete as well (if some family events are organized, maybe family running relays, maybe cycling around the park?)

- Times of classes - offer lunch time options or after work - e.g. 5.30pm
- Safer cycling routes to and from City Centre. Better access to (walking and cycling) to precinct and market while building works are taking place.
- More police visibility in my area St Austell Road, especially in the evening as we are plagued with motorbikes and fast cars racing round our road and attothall road like a race circuit. It is unsafe to go out after dark. Drug dealers parked up at belgrave square, you can't even walk to the shops safely after dark or in the day.
- "I get anxious with too many people and have mobility limitations
- After having a heart attack I'm now scared to do touch incase my heart can't take it
- All I need is there already. I do exercises at home before getting out of bed (15 minutes); knee-strengthening exercises and indoor cycling (about 25 minutes); and walk into the city centre along Warwick Road to visit the library and do small bits of shopping.
- Make it 4 hours free parking like all the others that are free to park
- "Banner Lane, Tile Hill
- I have to walk alongside very busy roads. Yesterday I had to cross Upper Eastern Green Road four times as the path was blocked by workmen's vans. Not good if you have a pushchair or have mobility limitations. It would be good to have safe areas to walk. As a lone female I would not go into the wooded areas and am also wary of parks"
- run mire activities in Allesley Park either at centres of in the park
- "Carry on with the roll out of cycling infrastructure, the cycleways are great, except that they are often from nowhere to nowhere, they need to actually go into the city centre and link up with other cycleways, not just dump you out on a busy road. Better cycle parking infrastructure would also help - the set up at the station is good, but other areas such as the city centre or Earlsdon High Street are lacking.
- Also, better facilities for Coventry Cycle Speedway club, they are doing great things, especially for kids, but the facilities at Hearsall Common are very basic."
- "Ensure that parking is kept free at the memorial park (there was some talk of introducing fees instead of the free 3 hours).
- Bundles for the swimming pools or exercise classes at the council owned leisure centres eg buy a bundle of 10 swims for the price of 8. "
- "Cheaper admission to swimming at the wave Coventry
- Better still would love a outdoor pool for the summer for children and adults
- Or a paddling pool for children "
- "Street lights being off in the morning make its much darker when out running. I run everyday so often have to get up very early in order to run before work, I wear a headtorch but it is not ideal.
- It would be good if the bike hire was rolled out further to the East of the city, I have to walk almost exactly a mile to get to my nearest bike and am still the same distance form town, whereas it is borderline quicker to spend that mile walking towards town and then just continuing on foot. I understand this is not controlled by the council but maybe they could be advised or support with a further roll out."
- I'm a disabled woman so getting places is an issue as I don't drive and I need to feel safe
- I don't really know.
- I think that I would like to walk regularly but not on pavements which can be uninspiring. Led group walks in parks near me (Caludon Park, Morris Comman). They need to be accessible to slow walkers and not be competitive.
- More blind sports in Coventry. As of now there is only one, which is Show Down.

- Access to gyms free without needing to be on benefits. Free for over 60's- not only poor over 60's
- Parking charges at Combe abbey put me off visiting.
- activity equipment in the memorial park
- Weight training in the gym for women only
- "Perhaps local walking groups so that you don't feel vulnerable walking alone or when it is dark.
- Better upkeep of footpaths such as the sowe valley footpath and publication of walking routes for all abilities."
- Nothing
- I'm not on benefits. So cost for activities could add up pretty soon which is difficult. There isn't any publicity for free, group events - such events would make me feel safe to participate in. Due to safety concerns, and being a female, I don't feel safe wondering in parks on my own. I live in Princethorpe Way area (near Morrisons Estate).
- Entrances to coundon wedge inaccessible for a mobility scooter, no usable path services either there or across lake view park. Not enough drop kerbs or they are blocked or hazardous, ie the one at Allesley road traffic lights junction of Hearsall lane slopes steeply scares me when on my scooter as it leans too much
- Safe routes for cycling
- "Increase facilities like indoor bowls rinks rather than closing them.
- Make the free bus passes available for use at ALL times."
- Improve road surfaces for cyclists.
- More benches in parks and open spaces so I can sit when tired. Proper paths too.
- I live in tile hill coventry. There is nothing in my local area. or near. Mosty thing are to far away which means you have to be able to drive or travel on bus to reach. We have a schools which could be you a youth centre. Church Hall. Nothing for my age group or I would feel inclusive.
- improve coombe abbey fishing lake as its a DISGRACE at the moment ,its been left to go to ruin
- Better street lighting in and around parks such as Spencer Park
- Provide more allotment sites across the city.
- Free activities
- Use community centres to put exercise classes and group on.
- Knowing about local classes and groups to do activities in my area
- Outdoors gym near cannon park road
- Provide clean gyms with functioning lockers that are big enough to hold peoples belongings!
- See above. There is only one place that offers line dancing, but it is some distance from me and only on in the evenings. I am older and female and not keen on going at by myself at night. There is no direct access by public transport.
- Lots of the cycle paths are not joined up - and so you go from being on a cycle path, to on a 30 mph road, to back on a cycle path,. One example of this is banner lane/station avenue southbound
- Something local, accessible, affordable and being done by people who have some understanding that not all of us are young, fit and healthy but would still like to take some part is exercise and fitness for health and well-being.
- I wish every road in Coventry had segregated cycleways like the ones in Binley, Coundon, and Charter Avenue, 2. I wish there were more bike-friendly crossings on dual carriageways like the new one on the A45 by the Esso petrol station, for example Butts Road near the junction with Albany Road really badly needs through-crossings for bikes rather than the four sets of lights for pedestrians, there is no room for cycles as well as

pedestrians on the island in the middle of Butts Road - this has become a nightmare for cyclists since the road was widened, 3. I wish they would put back the subways under Junction 7 which were much better than having to wait at so many different sets of lights, and 4. something really urgently needs to be done about the way the cycle lane under Junction 7 just disappears, it becomes a shared footpath on Croft Road with no cycle lane markings, having overgrown hedges on one side and a sloping grass verge on the other -ie. an accident waiting to happen with speeding deliveroos coming round a blind corner, aggro from pedestrians, etc. 5. how are cyclists supposed to get across the junction between Starley Road and the entrance to the Skydome complex, where there are no signs or lanes marked going towards the city centre? It is no wonder so few people attempt to cycle around Coventry with such poor infrastructure, I am a die-hard cyclist and it is enough to put me off going into town, 6. there is a serious lack of safe racks to park a bike in the city centre now the redevelopment is underway, none of the racks that were removed have been replaced and the few that remain are inconvenient, unsheltered, and targeted by thieves

- Make parks safer and cleaner.
- "Pedestrian crossings on Coundon wedge Rd. And from Holyhead Rd Tollgate to the Elms.
- This would make the wedge more walker friendly
- ""Cycle way has been put through Coundon hall park with no speed limits for bycle or scooter s and a blogger suggesting that these have priority over pedestrians crossing what used to be a safe green space and people saying they would not slow down to avoid collisions with pedestrians or dogs crossing it even though law states that pedestrians should always be considered to have right of way when crossing roads or cycleways
- Perhaps signage should be put at entrances to what is considered a park to be aware of this and a speed limit of 15 mph max be put up"
- Have something for people with fibromyalgia and spine issues
- Get police to be present in the parks on foot everyday and bring back police just walking around engaging with people edwick park is the location in question my sons school actually gave us a letter warning us about the park so tackle the issue as you're clearly aware of the situation
- more free activities
- I walk at the War Memorial Park because I don't feel safe walking in my local area of Cheylesmore and Styvechale. I would like to see a Police presence such as PCSO's regularly patrolling.
- A swimming pool that I could walk to would be ideal. I live in Green Lane South. A swimming pool at the Memorial Park would be ideal. We lost the outdoor one where Poolside Gardens is now I believe.
- "Free parking at activity sites including parks.
- Reduce pricing on activities ie the wave is cost prohibitive for families like mine"
- "Most activities are aimed at children or families so it can be hard to find things that are accessible to adults e.g. ballet classes, archery, assault courses.
- More accessible activities within the area of coventry city centre so its more walkable to get places that offer activities. Very few places offer taster sessions - some you have to sign up to a course and you don't even know if the place will be welcoming. "
- I'm pregnant at the moment and need to go to the toilet very often. The best time for me to go for a run is before work, but it is also a time when toilets in war memorial park are closed. I got the radar key for accessible toilet but it seems to be locked as well. It's not a huge problem and I know being pregnant is quite specific and park is empty around 6am so it likely doesn't affect many people.
- More cycle lanes. Connect up the ones you have. Encourage all to have better access to sport not just those in areas classed as deprived
- "We don't need any more help as far as walking is concerned. We walk around our are in Potters Green, then along Shilton lane, past the cemetery, then turn right along Woodway lane until we reach the sports fields. We then turn left and walk round the fields until we come to the bridge over the canal. If reasonably dry we will walk along the canal path for about 1500 metres. We always take some proper duck and swan food with us. When we see some birds we will stop and feed them It is quite fun because they will recognise us. Then we will turn back and when we reach the

bridge will turn left, joining Woodway lane again and it is about another 2 km home past Potters Green shops and on until we reach home in Frankwell Drive.. I am 88

- and my wife is 65. It is not difficult. We often meet other regular walkers on our route,, often with dogs which recognise us. Quite fun
- We started walking longer on advice from my doctor after I had heart attack and heart surgery. I do have to take care and tread carefully. I never go out or walk alone and need always carry medications with me. But if I can do it, many others should be able to."
- Don't know
- Swimming is one of the best activities for someone like me but I have no local pool within very easy reach, no outdoor swimming areas, nobody to do it with and I can't afford it even if there was somewhere.
- I love outdoor equipment in parks - please extend this! Only seen in a few places in Coventry, nowhere near me. Would be great to use different core muscles by integrating into my walks. How about installing in Memorial Park? Or small parks around town. Keep maintained. I could use to strengthen arms, etc.
- I think I do enough, using AT7 centre and walking along the canal between Ricoh arena and greyhound pub. I sometimes walk from Ricoh to Gallagher retail centre , but don't necessarily feel safe on that part of the canal. I also walk to town a couple of times a mth, which takes 50mins from my house.
- "Prompt response to maintenance issues I.e. door handles not working in swimming changing area Xcel. Hairdryers not working Xcel
- Hairdryers not available Moat House
- As above"
- Different initiatives to try. E.g. pilates taster
- Stop closing footpaths and building all over the countryside around Keresley. Stop scramblers using Bunson woods. People need wild spaces. I use to go to evening yoga classes but there aren't any Nein walking distance anymore
- having more energy
- Have a path that you could walk the field in brookstray park cv3. Make sure any paths are maintained by making sure trees/brushes are trimmed back
- Less hours at work
- More swimming pools that don't require membership
- local areas to swim outdoors
- War Memorial park. Advice on exercises to do at home
- I don't drive but I enjoy walking into the city centre to the library, shopping, cafe etc. However, as I live in Coundon, I need to go through the underpass from Spon End to Spon Street. I used to be quite happy with this, until delivery drivers started to come whizzing through. This route into town has now become scary. I still use it but I have become cautious. There may well be a time when I opt to use the bus rather than walk.
- More affordable excessive stuff in willenhall and surrounding area or scheme for gyms for low income goiseholds
- Provide netball courts. We don't have any public free netball courts in Coventry. One park Naus mill has a court marked out but no netball posts
- Access to footpaths and more natural countryside that isn't blocked for parking (many laybys or potential parking places are barriered, although I understand why because some people can't use them appropriately so it gets blocked for everyone). Swimming pool access in North west of the city so don't have to take ages to drive to a pool (although that will mean losing more countryside that we have already so we loose out either way)
- Buddy scheme
- I live near lots of green space which I used to walk on regularly. Now I don't feel safe - lots of reports of dog attacks, men in bushes, mugging. Very sad situation

- Clear debris from cycle lanes and paths more often.
- I have advanced osteoarthritis. If I could access a knowledgeable person at a gym, I would consider gym activities.
- Busy traffic that is noisy, polluting, on Brandon Road and makes it difficult to cross as a pedestrian. Also lack of joined up cycle paths across the city. I got rid of my bicycle as I didn't feel safe enough to cycle.
- As I don't drive I would have to use public transport to access most leisure facilities. Buses are not safe for elderly people. In the last two years I have been injured twice on a no 6 bus once in an unprovoked attack by a passenger and once by a driver driving dangerously. National Express failed to deal with my complaint. Priority seats are often taken up by people with shopping trolleys or by families accompanying mothers with pushchairs. I choose to keep myself safe so only travel at times when buses are likely to not be crowded. This limits my ability to travel locally.
- More accessible options for winter/raining days
- All I want is access to the gym and sauna at Alan Higgs Centre for £20/month. But no, I have to sign up and also pay for a bunch of stuff (e.g. the wave) that I don't want.
- Improve Floyd's Field, Tile Hill Village. I was told there were plans? to get a proper path around, make access for wheelchair users (there is none at present), and update children's play equipment (which is dire) and provide benches/bins.
- More specific walking areas
- Make places like the wave cheaper.
- I want to start going back to the gym but I can't afford it
- Cycle path around lake view park
- Up to date information on local classes, dance, keep fit, yoga, etc.
- More outdoor gym equipment would be wonderful, in accessible community locations
- "I love cycling but now I have a 2 year old I'm not prepared to risk cycling on a road. Especially not when (by my observation) 25% of drivers are distracted by their phones. The cycle lanes really help but they don't join up enough and there's not enough cycle parking particularly near the places I want to go in the city centre
- It's a pain to walk with a pushchair if there are no drop curbs or they don't line up. Also I avoid places where parked cars block pavements or if there's no visibility to cross roads e.g. because the drop curb is not close to the junction so you can't see whether anything will come round the corner.
- I can't really list places. This is just how half the infrastructure was designed
- "Things like the mini golf that was in the park was a great way of getting active with friends and family - would be great for this and similar activities to be in the places like Memorial Park!
- Provide more opportunities for older aged people e.g. over 65s during the day. When I look for activities there are very few. I'd be interested in trying activities such as Thai Chi, Pilates etc where classes cater for an older aged people group as general classes with younger participants can feel intimidating. Somewhere central or in the eastern side of the city.
- Informal, free parking
- better public transport so I can reach the gym/sports locations more easily
- Local parks holding accessible, staffed movement sessions. Website info on where accessible pools are located. Disability friendly running/wheeling groups. Supported volunteer gardening/clearance sessions in oaks and wildlife areas.
- cost of xcel could be cheaper i have a cv+ and ove 60 so the cv+ cart is invalid yet you do deals for student's and they have there own pools at warwick uni and cov tec
- Relaxed swimming sessions for older people, more affordable exercise classes like Pilates.

- "More information about green Cross country walks ie how to access the route and any organised walking groups - Tile Hill - Kenilworth etc especially as HS2 seems to have cut through the path- maybe real directions on a signpost
- Host groups on the Cov CC website or supply email addresses or phone numbers
- "Allan Higgs gym, time with trainers/supervisors, would help patients recovery by guiding them through the right machines and helping them to set programs
- More availability for adult swimming at the xcel leisure centre would be ideal. For someone who works 8-4 the available timeslots can make it extra difficult to go swimming because of the limited sessions, especially at the weekend when almost all of the day is family fun sessions & there is only a single non family fun session. I would love to swim more but the limited session times combined with working full time make it difficult
- "All our banks have gone from my area (Walsgrave Road - Ball Hill area). It appears that every building that gets empty turns into a hairdressers, take-away, gaming business, charity shop or mini market.
- Turning an empty building into a hub that does banking, has activities for teenagers, the elderly, meeting places, maybe educational classes would be a blessing for this area. There are a lot of lonely people who would love to get out and about and are definitely fed up with how our area has become. I'm all for change but this is going backwards. "
- N/a
- I use a wheeled walker and struggle with blocked and uneven pavements
- "I would like more local classes in Keresley.
- Presently I travel by car to a gym "
- Better secure places in the city centre for bikes, I am reluctant to take my bike into the city centre in case it gets stolen.
- Organised classes outside on the green space land the back of Xcel in Mitchell Avenue Canley Coventry
- More indoor sports facilities. All school sports halls should be available for booking by individuals/clubs after 6pm until 10pm. Any new facilities must cater for all indoor sports and therefore be of a suitable size to accommodate the largest area required by any indoor sport. A council run 18 hole golf course would also be advantageous.,
- Caludon Castle Park
- I can get health problems from having a hiatus hernia. I need to exercise when my stomach is empty. This is because I am in my early 70s.
- more cycle routes
- Protect the green spaces in CV5
- More facilities for older people
- More affordable fitness classes/group for all ages and abilities please
- Organised walks accessible from Tile Hill area
- I like swimming and would like more adult public daytime sessions to be available at Xcel
- A footpath around the edge of St Margaret's Park.
- Safe and affordable places-swimming or gym
- Example: Yesterday I walked into the city from home. The main trouble is with the close proximity to roads that have heavy traffic. The faster I walk the worse deep breathing is. The fumes, especially from diesel is horrendous, and damaging to delicate lung tissues
- Free gym pass for retired people
- I would walk more if there was less traffic
- "Reasonably priced classes in

- Willenhall/Binley"
- "If the council did not penalise participations in adult education, such as dancing, by increasing the fees required to be paid, compared to adult education in respect to other learning skills. Surely it is important to ensure people are being encouraged to be active, just as much as being tutored in other skills. Dancing has been proven to be mentally and physically stimulating, promoting social wellbeing and music therapy.
- It would also be useful if the pavements were safe to walk and run on. It appears that the focus of activity is cycle paths, which are invariably utilised by eclectic bicycles delivering fast food at between 30 to 40mph. Are any surveys carried out of use of these cycle paths, compared to the disruption caused and cost implications."
- I sometimes walk part way around The Memorial Park. This would be a great central venue for all Coventrians for classes if there were a building big enough.
- Provide an indoor bowling venue, or reopen the sports complex where it was originally in Fairfax Street. ( the eliphant building)
- "Free groups for people who are 'beginners' to sports/exercise
- Introductory sessions on warm ups / warm downs / how to structure my physical activity in the best way for my health.
- If either of thr above were using the outdoor gym equipment at Caludon Castle park that would be great.
- LGBTQ swimming sessions"
- I'm grateful for new cycle routes but don't cycle to places where I'd need to leave my bike for fear of theft/ vandalism. I would cycle more if there were cycle lockers in the city centre and at sports centres.
- Group walks in Memorial Park I
- Nothing, it's down to me!
- More parks and green spaces in and around Coventry
- It would be nice to have a proper path in my local park Lakeview road, to make it more accessible for elderly people like myself and disabled people, so they could walk in the park without fear of slipping on wet grass or tripping over on uneven ground.
- I would love to see an indoor community gym in the cheylesmore community centre, I find big gyms very intimidating so I will not go, I would happily pay membership fees, the outdoor gym by Daventry Rd is great but definitely not for the winter
- Nothing, I can manage myself
- Provide indoor bowls facilities so bowls can be played all year. Although many players are elderly, this sport can be enjoyed by all age groups.
- As an older person with arthritis, having places to rest while walking or doing other exercise is important. The introduction of more benches in Coundon Park has been a welcome development, along with the pedestrian and cycle path, meaning that people can take longer walks while being able to take breaks as well. It would be beneficial to have more benches in other parks such as Lakeview, encouraging people to walk further if they know that they can rest for a few minutes if necessary.
- For adults there are not a lot of activities while children are at school. Also there are lots of things for 60+, but for 30 and more it's mostly gym)) I would love to have some more fun activities and community oriented
- Affordable public transport that arrives on time, less traffic. More gree areas.
- Would walk more if there was a local group
- Easy access to daytime team sports for the elderly.
- I like walking around the Memorial Park but the lighting in the evenings is an issue. Also facilities close early and no security patrolling, considering it is the city centres main park it could feel safer. 2 buses to get there us also a pain but would be willing if tge issues were sorted.

- I often walk down the Binley Road and especially between Bulls Head Lane and Marlborough Road the pavements are never cleaned and so from Autumn to Spring are covered in dead leaves and other vegetative detritus which rots down and makes walking unpleasant as well as often being slippery, so you get home with filthy shoes. Inexplicably, the hardly used cycle lane is regularly cleaned by ride-on sweeping machines. Another consequence of the cycle lane construction is that at least two safe centre refuges have been lost, one by the children's playground; furthermore, at the junctions with Church Lane and Bigginhall Crescent there are no crossing lights for pedestrians who have to 'do their best' to avoid traffic when crossing the Binley Road - odd that the almost non-existent cyclists get traffic lights whilst the most vulnerable road user, the pedestrian, has to make the best of it.
- As the nights get darker, I like to go for walks but only have time in the evenings but don't feel safe in Coventry anymore to go out when it's dark as a female. I live on Bennett's road and cars go down this road sometimes doing 80 or 90 mph. Numerous times I've witnessed teenagers or groups of young males ride round on dirt bikes past me in groups. This has happened around Prologis park, Keresley and Coundon Wedge and it is extremely intimidating. There is no police presence anymore so there is no deterrent.
- More aquafit places at Alan Higgs. It's impossible to get a place if you're not a member.
- A lot of my walking is on the pavements locally. Far too many cars parking and blocking the pavements. Still dodging dog poos left on pavements. Traffic pollution whilst walking is bad. Also noise from traffic wherever I walk.
- I would like to walk on Coundon Wedge by myself but I am scared of dogs off their leads.
- Make swimming or gyms cheaper
- I might play tennis more often at Memorial Park if the courts were in better condition. Some get very slippery with moss growing on them. Regular cleaning and moss treatment would help
- "More informal opportunities to run or walk in Earlsdon.
- More active groups in the magazine that comes in the autumn. LEA learning?"
- Some outdoor gyms equipment in Allesley Park
- Coundon, not always safe to use parks or roads as a lone female. Activities and Council supported exercise activities tend to be during the day and not available for those who work
- Put exercise activities in Allesley Park
- Nothing, sadly. Unless you can put more money into the NHS providing treatment and care for ME/CFS. I am desperate to exercise again.
- N/A
- "Walking netball in cv5/6
- Activity groups for my age group (60's)"
- Morris common needs improved equipment for children under five ; ie baby swings and a safe slide. The equipment now is unsafe and old.
- "C25K group with run leader in Allesley Park
- Bootcamp/circuit training in Allesley Park
- Outdoor yoga/pilates in Allesley Park"
- Need to be able to combine activities with other needs, such as shopping, due to time constraints for caring duties
- I feel that the gym staff could be more engaging
- Difficult to walk at night time because of the low quality dinner LED lights so most after hours activities are no longer possible.
- I am 66. Would be good to have a subsidised gym and a session with a trainer who can show you how to use the equipment safely
- Advertise more in local magazines e.g Echo and make the information available

- Nothing, I'm just lazy or too tired, or too busy with work sadly
- Every where is too expensive or over run by men
- I would like to see a path and some benches put in around the perimeter of the park on Hepworth road binley. My parents suggested it as they often find it too muddy or if it's hot there's no shade or anywhere to sit and rest. It's a popular park and could be used by people with disabilities a bit more if it was more accessible. It would also be great if there were some circuit training obstacles or outdoor gym there too. It's a lovely park but could do with a bit of an upgrade.
- Some ladies only classes that cover the use of weights and strength building. Especially for women after 30
- Tell me where I can do chair yoga in or near Earlsdon
- More segregated cycle lanes and secure locking facilities for bicycles
- Provide articles on how to still remain active when stopping (manual) work and when part of your social group is no longer mobile
- Ensure leisure centres are open longer
- "I don't feel there is anything you can do to be honest. I need to make time each week even if it starts off small going back to my Aqua Aerobics class just so that time is for me to destress and forget about family issues for a while that would be more beneficial for my mental health and wellbeing.
- On top of all this I have a very active 2 year old Spaniel who I take out twice a day for a couple of hours so I am certainly clocking up the steps and am not worried about becoming a couch potato as you can see I haven't got the time to sit half the time."
- More flexible opening times at Alan Higgs pool. I understand that half the pool isn't accessible to the public so that schools can swim there - this is great. However the majority of times half of the pool is not being used. This makes the half that is open to the public over crowded particularly when the aqua aerobics class is in session. Could the aqua aerobics class be in the half of the pool not currently being used?
- "Keep dogs area for dog walkers separate to park ( park on hepworth road in Binley),
- Keep riff raff off park,
- Kids messing around at the park always and late at night doing drugs or aresol cans left "
- Doing a charity run around tile Hill and parts of banabrook
- Nothing, physical disability
- More options available at work. Previous employer put salsa classes on for team - was good for team building fitness and fun
- There could be more group activities at our local park, the Morris Common.
- council employees having access to gym/class/swim membership
- Improve the conditions of foot paths. Unevenness prevents me walking more
- I use the memorial ark for walking as not all the parks near me are as safe - Wyken
- Reduced prices at sports centres
- how about regular walking groups for women in the cv2 area or an exercise class held in a local park on a weekly basis - Stoke Green area
- I had an allotment spot at the other side of our back garden. This spots vacancy was removed due to being taken over by Coventry University's horticultural course whereby they planted saplings. There's been no activity at this plot for nigh on 8 years and the plot is a mess. I would've cultivated this plot, but as it stands I don't know who to approach to take it over.
- I am local to Caludon and the War Memorial parks in Coventry and the Alan Higgs Centre, but health reasons have been the reason for not attending the aquafit classes lately, I walk daily alone or with my partner.
- I don't really think that there is anything you could do. I just need to sort it for myself.

- My job involves physical activity. We have a park close to our home which caters for children which is great however out door gym equipment for adults would be great.
- A pedestrian crossing on Leamington Road, near the corner of Humphrey Burtons Road, to make it safe for crossing to get to the War Memorial Park.
- Affordable gyms nearby, my post code is CV5 7BU
- "Parks, open spaces often aren't served by public transport. Nowadays things are often only publicised on the internet .
- People who rely on local newspapers read about it afterwards..
- Sorry, that's not specific, just general."
- "A publicly available squash courts free of charge (idealy in a corner or an edge of a park like Hearsall Common)
- simillar to Naul's Mill Park Basketball Court"
- Go to parks without Lycra covered maniacs on 2 wheels charging around oblivious to the older generation walking at a slower pace
- In the Autumn can we make sure all the cycle paths are cleared of leaves asap ...maybe on a fortnightly basis from early October to late Nov . The volume grows rapidly and when they become wet our grip is severely impeded with race of falling off . I use the Coundon cycle path.
- "Better street lighting for running during winter when mornings and evenings are dark.
- Another parkrun eg at Coombe Abbey as the Memorial Park parkrun is too crowded for me to enjoy. "
- Parks near by help
- Very happy with my local park and countryside-I just need the energy to use them more!
- Reduced costs
- Give me my two legs back
- I don't drive and don't live within walking distance of my nearest park (Allesley Park) and I can't afford the cost at The Wave to swim regularly. To access my nearest swimming pool which is at the Excel centre I would need to catch 2 buses into town and 2 back home afterwards
- "I'm keen to promote running to local communities - it's not an expensive sport and there are free timed run / walk events at both War Memorial park and Holbrooks park each Saturday. I can't see reference to Holbrook parkrun on the Coventry Council website. Also, there are several running clubs in Coventry and it could be useful for the Council to advertise these and to convey that they support people of all abilities.
- Please feel free to contact me on [terry.moynihan@coventry.gov.uk](mailto:terry.moynihan@coventry.gov.uk)"
- gym membership offers
- Can I have a free gym membership please
- Improve pavements in west Coventry as they are often very uneven. Stop bikes and scooters riding on pavements and in Precincts. Make it compulsory for cyclists to have and use a warning bell
- Help finding groups that i could join. Coundon and/or War Memorial Park
- i would like to swim more, but the pool is a little too far to walk and cant leave my push bike there knowing it will still be there when I want to go home
- Activities near Morrisons estate area - informal or community places
- A gym class or something that I could bring my toddler to would be great!
- Would like the park to be safer
- I would love to walk more but with darker nights coming, it doesn't feel safe to do so. Need more police out.
- Having Pilates, yoga and Thai chi classes at affordable prices and within easy reach.
- I would like to see more bike locking facilities around the town and surrounding areas as for me not knowing if there is a safe place to leave my bikes puts me off cycling to certain places even though they are short journeys.

- I'm sure an area in the War Memorial Park could be turned into a running track with lights so people could go jogging safely at night or early in the morning.
- "Stoke Flood
- Binley Woods"
- Have more ladies only activities and spaces
- Cheap or free exercise
- "I have wondered whether to try low-key swimming .
- I walk past the Wave three times a week but have never been in. "
- "More female only swimming - female changing rooms.
- Sowe valley walk to be more safe.
- More local cafes to meet up and use it as a starting place for doing things together e.g. to go off on a walk"
- I was a class at my GP's in Moor Street but it folded due to lack of members in 2019
- "Make people aware of local activities in the community.
- May be send the leaflets of various activities with the time table and support with first meeting to encourage more. "
- More discounts for employees at facilities
- Go to the schools gym
- clubs outside of school
- Swimming pool in radford
- Make child friendly areas more common in coventry as it's crime rate is rising since 2024
- nothing
- Add more space in our school, i believe we should have a new sports hall because we normal have to forge classes because of exams so if we could have more facilities also if we could have a new Astro pitch that would be amazing
- Bigger fitness suite
- A new indoor space like a bigger fitness suite with more facilities
- another indoor place like sports hall and another gym as sometimes we have to do lessons together because there is not enough space and when the sports halls are used for exams
- more space so less joining of classes so there's less people in one space
- Buy me puregym membership or JD
- A bigger gym in school and sports hall because it's not big enough and we sometimes have to clash with other students
- I don't have anyone to go with
- Newer equipment
- add new areas in our school such as a gym
- City centre
- New indoor space like a new fitness suite
- Gyms for girls specifically for 13 and up
- Memberships for gyms in radford or around radford (student membership or student access)
- Leave me alone I play football every Sunday amd I'm a coach at my little brothers football team 🙄🙄🙄

- "Pay me to play football games every Sunday
- £20 please "
- Motivation, like music while you exercise, or exercise with friends or family to make it more fun.
- Longford park , foleshill
- Nothing. i'm happy with the amount i do
- Coventry parks are boring ngl
- I don't need to move more I play football
- in whitmore place next to holbrook park there is a moderate size ditch next to the flats i think it would be a nice place to convert into a playground especially because holbrook parks playground is very bad. that or renew Holbrook park or other parks
- Add in more patrol/safety features around CV5 area
- "Park at radford recreational ground
- Idek man
- Football goals with nets in parks and fields
- some more safe places when taking walks or walk home from school/work maybe?
- no where to run
- football goals
- Arranging group walks or cycle rides around War Memorial Park with a coffee and social afterwards at the cafe. Social interaction is just as important as physical exercise.
- More local groups at the memorial park, options where children can come along and/or join in.
- Promote more Informal facilities and safe places
- I would prefer to do physical activity inside so that my participation doesn't depend on the weather. More gyms are really expensive and I struggle to go enough that it's worth it
- Having more time.
- Support with transport to gym facilities and cheaper/free membership
- I think facilities wise, the city is doing a good job with keeping parks and sport places around the city and clean. However, I think to get more people to play in these facilities you need to design the place with things that could catch the people to play more. For example drawing flags or famous players etc.
- "At7 center Coventry
- ""some initiatives for free/ affordable gym memberships/ bikes
- more range of activities at local gyms eg: women's pilates or dance classes at AT7 or the wave"
- Fix the Longford park gym
- make the walking around the park more fun
- "Place I go
- Facilities
- a lot more walking at work
- Affordable housing and rent controls everywhere so that people can live near their workplaces and rely less on their cars.

- I go to choir which involves movement too. However, in my Coundon area, there are limited halls large enough for us to use. So, to motivate me to go to choir more, cheap large halls for hire in Coundon would be useful.
  - Bolingbrook road
  - I enjoy War Memorial Park as a safe area to run. Park run is a safe way to do this. However as it gets darker in the winter months I find it more unsafe to run on the roads.
  - I'm a carer as well as a parent so need something where both I can do one thing and my disabled child (mentally - moves fine by no communication ability) can do another. E.g. an enclosed area that has simple objects to climb/walk over (like soft play but outside made of wood would be perfect) as well as gym type machines like weights and pullies, rowing machine, etc. I have a long term back and foot injury so the usual running type exercise is out. I would do free weights though.
  - Playground in Moat House park would be a great idea. Go together with child, child busy and I have extra time. Around are a lot of houses and children, but no any playground.
  - I have a long commute so leave home early, and get home usually after 7pm. In the Autumn and Winter this is usually in the dark, and as a female I don't feel safe going out alone in the dark. I would love to be able to park (ideally for free, or for a small charge) further away from the centre of Coventry and walk / cycle the rest of the way into the office. I won't cycle at the moment as there doesn't appear to be any suitable routes which avoid traffic.
  - Reopen the old sports centre in town to have access to badminton courts.
  - There is a public park in Deedmore Road that does not have children's rides. You can walk and play football there. I hope they build children's rides and sports equipment that can be entertaining for children and adults also.
  - Arrange organised walks after work or at the weekend in the War Memorial Park
  - "Nauls mill park, beautiful, but i dont feel safe
  - Green park, moseley Ave. what a waste it could be amazing. Promote affordable classes ie yoga, keep fit at Local Churches/Similar venues"
  - Huge black pad off cubbington Rd maybe walk to running club?
  - Space to do a quick cycle or exercise class in work place - Coventry City Council on a regular basis
  - "Park gym in woodend would be great.
  - Walking groups for family "
  - Especially in winter when its darker a safe Accessible place to walk.
  - Support on how to manage workload so work does not get in the way of the time I aim to be physically active.
  - "Run classes designed for people with long term pain / fatigue in different locations across the city.
  - Reduce gym membership prices/issue passes for those who might just want to swim due to pain/fatigue, at locations across the city.
  - Have special pool times for such people.
- 
- I don't feel safe or confident going to The Wave or similar, due to noise levels, busyness, fast swimmers who make you feel as though you're in the way.
  - A quiet time, adult only swim for people with conditions like Fibromyalgia, Osteoarthritis, Long Covid, CFS, would be very welcomed.
  - "Make sure you can get more activities for disabled people
  - Make competitions and rewards

- The park
- "Add more activities to the park at Barras Heath Park
- Honastly i dont need help its just my ancle hurts but its getting better so im fine
- make a swimming centre that's cheap near radford
- Im not sure
- Nothing i dont like exercise
- nothing
- Nothing
- I don't know
- promote local clubs
- "More work life balance. I get home very late. Weekends I am working for the week ahead.
- More alternatives linked to my work would be great "
- Caludon park.
- Improvements have already been made on Hearsall Common-with the planting of new trees, but it does get very boggy in areas.
- Nothing I walk to and from work which is 45 mins each way. Plus other activity.
- Continue to encourage less reliance on cars - make it safer to children to get to school on bikes or by walking, improve public transport, promote events that encourage movement or promote movement in local areas,
- Hall Green Road and the roads that attach (those that go somewhere) are designed for relatively high speed traffic with large radius entrances and plenty of parking making it complex to cycle on and not appealing to walk around. There is a strip of greenery that runs from around Hall Green Road to the Hospital but it's poorly signposted and often feels like you're traipsing through people's land. Could do with being better signposted.
- Swans lane park
- Clean up the city. Invest in more areas of nature. Free parking at coombe abbey. Litter everywhere is depressing.
- Advertise what other access to exercise is available
- Local park by Butts Rugby club is somewhere I could go but not on my own.
- install outdoor gym equipment in small park on jardine crescent
- Children in Earlsdon and chapelfields would very much like to play football on Hearsall common but there are no marked pitches anymore ,which is a shame.
- More opportunities to train I attend the Foundry for their class x 2 but that's it. I want more but cannot find anywhere specifically for seniors
- "Improve paths in parks
- Keep parking free
- Would like better swimming facilities without young children all the time
- Gyms at better prices for older clients"
- Not sure
- Depends on area I guess, jogging around foleshill is difficult with how the cars are parked on footpath and quiet unclean too.
- Re-open Brandon Wood golf course
- More older adult classes at Cheylesmore cc
- Knee operation

- None in local area it's all about jogging
  - Make coombe Abbey lake fishable as it has been NEGLECTED for a few years .in my opinion it's a disgrace that it has been left to go unfishable. Years ago people came from miles around to have matches on there ,but now you will be lucky to see one angler
  - There is little anyone can do. I have access to amenities. Unfortunately, my disability impacts at random times, it is linked nerve issues.
  - Safe places to jogging esp for woman in the winter months, less working hours - perhaps a scheme for flexible working so staff can take time for wellbeing which includes gym / swim / running time.
  - "Helping with sports
  - More team work"
  - I can only do it while I have a cr. without my car I do not have any direct access to a park without catching to many buses. I have to go to town and catch another bus out again and then reverse it to get home.
  - I need somewhere to swim as early as 6 in the morning but there is nowhere near me. I travel across Coventry to Warwick uni but it isn't ideal.
  - More green spaces would be great, or making facilities more affordable.
  - I would like a strength and balance class
  - Sjshshxnshhssycffvv
  - More lighting and cameras around memorial park. Some areas are well lit around the main path but there is a whole half the park with no lighting.
  - Pavements in terrible condition vehicles parking on them
  - I'd love to be able to go the gym but not aware of anywhere that allows kids to come in and either join in or somewhere they can be looked after whilst I take an hour out in the gym. It's hard for single mums.
- 
- Nothing
  - Regular walking groups or groups for exercise. Caludon castle park for example had some gym equipment, an outdoor session lead by someone would be really motivating.
  - Binley area parks needs to be safer and cleaner
  - Pay me!
  - Something in Holbrooks that is not running around the park on a Saturday morning.
  - Better and more street lighting.
  - "Some exercise classes that involve parents and children.
  - Organised walks at all our local parks- Coombe, Memorial etc"
  - I don't think there is much that Coventry City Council or any other organisation can do to help me. I live in the London Borough of Brent, and do not foresee myself going back to Coventry any time soon.
  - I'm currently limited due to rehabilitation after surgery. I'm very lucky that I have some woods near me where I can walk. I dont think there is anything you can do
  - "Allesley park. Enclosed dog exercise area for people who are struggling with recalling their dog/training them to recall.
  - Enclosed area within playground where parents with dogs can sit and still be able to watch their children where they can secure their dog so they can tend to their child for a few minutes if needed. "
  - Memorial park is good as it's free to walk around and the parking is free. I am a pensioner so don't have spare cash for luxuries like keep fit classes

- Memorial Park tennis courts are in terrible condition during autumn and winter months, being poorly maintained and dangerously slippery. This significantly reduces the amount of tennis that can be played during these months.
- I'm not really sure - possibly some sort of support on finding team sports activities in the local community that are open to solo adults?
- It would be nice if there were places around the city where people could sit and rest. The walking routes to places are not pleasant. They could be made safer, more inviting for people to sit and have a rest, or read a book. This then makes the walking routes safer as more people about.
- Chair or home or local based activities are best for me .
- Create a wonderful facility in the middle of Oakfield house instead of leaving it as a cold none used square
- I'd like to start cycling but there are no dedicated cycle lanes where I live (Longford).
- lower the cost for working people. as we should get perks for working rather than getting perks for claiming benefits.
- More lady activities
- Cheaper prices for working middle people.
- "I have some lovely places close to me but have to walk through areas - including my road, where I don't feel safe when its dark. I live on Mayor's Croft, Canley, and there is A LOT of drug dealing and street drinking. A higher community police presence would be helpful, or more cameras to discourage the drug dealers (who do more kerbside deliveries than Uber eats).
- We have a high occurrence of dangerous driving and speeding around Canley, by cars and dirt bikes. There definitely needs to be some kind of deterrence. E-scooters are also a frequent nuisance/worry on pavements."
- "Modifications to lake view park means that i don't feel as safe walking there as i used to - the mounds of earth placed along lake view road now block site of the walking area from the lighted road and nearby houses - its' even worse now at/after dusk - before this you had clear site of the houses and the street lights shone into the park - they don't now reach the areas where people walk.
- I also cycle to/from work going up four pounds avenue via canley to university of warwick - for most of my journey there are no cycle paths so i either have to ride on very busy roads (some at 40mph) or cycle on the pavement which isn't a problem if they are wide enough though leaves pose a risk for slipping in the wet weather.
- I notice that most cycle paths radiate out of the city rather than help you move around the city."
- "My nearest park is Longford Park, an amazing, beautiful space which i truly appreciate. For my parents, this was a favourite walking space, and they would have social interactions with others as they walked at the same time daily. But as their mobility decreased, they struggled with the walks. Could we have more benches so people with limited mobility (use walking aids) can have more frequent opportunities to stop? Even if not required, having the confidence that they can stop if needed would help, as that limited the routes we would take. I also know toilet blocks are hard to maintain but if there was another one available maybe near the car park off the Longford Road side that would help too.
- I often see broken glass, damaged trees and other signs of vandalism. I was part of a running club there years ago, but don't have as much confidence in terms of safety to go running in that park now, and tend to use the gym more.
- I think regular but informal events at weekends as well as weekdays would be great, a mix of bootcamp style activities or running or outdoor gym advice, that would also be a way of meeting other people and linking with them to do outdoor walks or workouts which would help with motivation and sense of security."
- Just because I am older it doesn't mean that i wouldn't be interested in activities that are considered to be for younger people, ie dancing
- I live in a rural location and have to travel 20 minutes by car to my gym so although I am active and exercise regularly I am not able to do it locally. I enjoy running but in the village where I live, running is quite limited in the winter months once it is dark as all the surrounding roads are country lanes with no lighting so I struggle to do this after work.
- safer bicycle routes, preferably traffic free or separated from the main carriageway.

- My local area is Canley. I only feel safer in a group. Most activities in my area are in the day
- "Cycling has become increasingly difficult because of unsafe / unlawful / anti-social vehicle parking. Cycle / pedestrian paths are regularly blocked. By ""blocked"", I mean they are unable to fulfil their intended function of allowing cycles to safely pass in two directions along with pedestrians. On my commute to work, along the A45 between St Martin's Road and Charter Avenue, I encounter typically between 1 and 6 vehicles parked fully off the road on double yellow lines and with no dropped kerb. There appears to be no appetite for enforcement. The alternative of riding on a busy dual carriageway is hardly attractive.
- This route is depressingly below par. E.g. 1 Junctions on to the A45 are poorly managed, with no indication that there is a cycle lane going both ways (leading to near-misses with drivers who don't look both ways, as per HC, or simply don't give way at their stop line, as per HC). E.g. 2 the southern section between Woodside Av. and Kenilworth road simply disappears on the CCC cycle map. What are we supposed to do? There's no signage indicating this. But there's also no bike box going west or alternative going east. This is not benign neglect, it's just neglect.
- New cycle infrastructure is patchy and of highly variable quality. E.g. 1 the new A45 crossings involve excessive wait times and, according to discussion on Warwick Uni's cycling group, are confusing even experienced cyclists (and, like the existing pedestrian crossing at the Sir Henry Parkes Rd junction, do nothing to stop vehicles, especially HGVs, simply blocking the crossing while waiting at traffic lights or in queues). E.g. 2 the purpose of the lanes next to Cannon Park is unclear (they don't do anything to enhance access to the actual shops).
- I put up with it, though these days I often get sufficiently hacked off that I take the car instead (for a 5 km journey! Pointless!) but my wife gave up cycling in Coventry years ago because of poor infrastructure and safety fears, and my kids have no appetite for it.
- "More cheap sessions
- More aqua sessions at Warwick uni
- Mumbai for active seniors too"
- I think there is loads of support and oppprtunities for people to keep fit. I think the investment in fitness hubs around the city has been great, and a lot of areas have parks within walking distance. Facilities in these places are good. There are lots of clubs with youth sections and positive people encouraging young people to get involved.
- More varied and accessible classes on the evening with taster sessions for some of the popular ones.
- I tend to stay away from activities in the city centre. I don't feel safe walking into town and around town on my own
- Activities that I could do wit my child.
- Make access to gyms more affordable.
- Would like a training partner/buddy for the gym.
- Feeling safer in my local area, especially in winter as I struggle to go out when it's dark
- More afternoon classes
- Better pavements safer streets better lit
- Nothing
- More lit areas , in spon end around Cumbria Close so its not dark if a person is on own
- N\A
- More local equipment in parks
- Supported places
- Get rid of electric bikes and scooters
- I'm okay getting about at the moment.

- Ensure the memorial park remains free parking for three hours... I go there daily if you are to bring in pricing, I will no longer be able to afford to go there
- create a more connected network of greenways through the City, for cycling and walking. Cycling for leisure, using our dangerous and polluted roads is no fun at all and extremely off-putting. Also through the City Centre (along the lines of the ancient east/west routes and north/south routes through the City). Even around the inside or outside of the ring road perhaps? Improving access from City Centre to St. Nicholas Street, the Canal Basin and beyond needs urgent attention that bridge over the ring road is extremely off-putting for visitors, pedestrians and cyclists alike. Improvements also required at Mile Lane/Quinton Road/Park Road/Parkside junction. Open up these thoroughfares rather than keep creating 'dead-end' which only result in 'dead areas'. Queens Road to Central Six and beyond to Spencer Park the same. I could go on.
- More local and mixed from all back ground community events. Please
- "My activities are primarily walking and going to the gym. In terms of walking, I feel like the city meets that need well and I have plenty of places to walk around if I want to. In terms of gym, subscriptions can be quite expensive even for the cheap ones, so it will always have to be the only physical activity that I have to pay for as I could not afford to have gym and another paid activity. That means any other activity I would want to try needs to be free, which is difficult to find locally or at an appropriate time after work. I would love to be able to find groups that organise different types of physical activities for free in my area, but I wouldn't know where to look.
- Another activity I would love to be doing more is cycling, but the lack of cycle lanes makes it very difficult to do that here. The existing cycle lane on my road (Coundon Road) ends in a very awkward spot and doesn't even link to the retail park or to anything at all, and so I don't have an incentive to take my bike out of the house to get places as I would have to cycle on the road for most of the time, which to me feels incredibly unsafe. As such I have a bike that I keep in the shed. "
- create an outdoor space in Earlsdon
- "Allesley park area. Would be good to have pilates at community centre again or another local space.
- Village hotel or similar to gave a swim only membership rather than one that includes gym that I'm not interested in "
- Free gym sessions one to one to set a suggested programme and reduced rates to continue.
- I don't think the Council could do anything more - it's up to me to find the motivation
- More water based activities on the evening for adults
- Reduce the cost of membership to the gyms, £43 a month is far too high. I'd be able to pay about £200 for a year.
- More activities in Binley Green and highlight/promote them.
- Knowing people around the area and group activities other than classes.
- N/A
- Motivational guidance, hints and tips to get started and continue to progress
- nothing really as I already run or walk around campus
- "In Birmingham there are a lot of ladies only classes, swimming activities etc which enable better access
- Also I work for the Cov Council and am hybrid working, if there was the option to allow workers to access gym or fitness etc during work hours which could logistically be made up later in the day then this would allow easier access. Gyms first thing in the morning are not possible due to child care and school runs, and by the evenings we are exhausted. the times we would have the energy are during work hours, but even if we could be given say 1 hour in the morning to get fitter, it would help immensely with staff being healthier etc. "
- Easier booking at sports centres - having to ring up to book adds an additional barrier for me. It would be so much easier if I could access an easy online booking platform that removes the hassle.
- "Set up local projects that takes all the points stated above into consideration...."

- Cost, local accessibility, cultural issues, people with lack of self esteem etc etc.
  - I live in Willenhall and it's difficult to come back from work and go somewhere like Allan Higgs but it's equally difficult to take a walk in the evening because the streets don't feel safe, especially now with"
  - The pavements where i live are very uneven, savings slabs broken. Bredan Ave especially. Plus the path by Coventry Saracens facing 15 Falcon Ave are as bad. I have already fell and broke ribs vefore
  - Safe streets, facilities and organising groups
  - Accessible dog free spaces
  - For any local residents they should have the joining fees removed from gyms as this is a deterrent
  - "Price
  - Swimming and other fitness classes are so expensive with Ccc
  - Private simple gym is £24 a month which for gym and classes is a going price but I travel 20 minutes away
  - When other places nearer like all the secondary schools which use to have adult ed now offer nothing!
  - Surely exercise should be free/cheap accessible to reduce the NHS pressures."
  - More organised activities in Memorial Park.
  - More activities promoted, group activities for beginners
  - More local facilities or volunteer led walks or outdoor activities
  - I would prefer a location I could walk to. I am in CV6 6BD.
  - "It would be great to see more focus from the council on promoting physical activity and raising awareness of what is already happening locally. I am fortunate to live near Longford Park, which is a lovely place to walk or run, especially in the mornings. However, in the evenings there can sometimes be issues with antisocial behaviour from groups of youths, which can feel intimidating and discourage people from using the park.
- 
- One positive example is the Longford Striders RunTogether group, who do an excellent Sunday social run from Longford Park most weeks. Joining them has really helped me stay active, as having the safety and motivation of a group makes a big difference. It has also encouraged me to explore some lovely local routes that I would not normally run on my own. It would be great if Coventry City Council could support and promote more initiatives like this, with community based, inclusive and regular opportunities that make it easier and safer for people to get active in their local area."
  - Stop charging so much for after school care and school clubs then maybe I can get my child involved in other activities whilst getting some more free time to myself to be more active!!
  - A free or affordable gym in my locality or a network of people trying to get fit doing it without judgement
  - We would like a pump track and a flat scooter road in the memorial park.
  - Make parks like the morris park have exercise equipment
  - light exercise classes for people with disabilities
  - Memorial Park toilets used to be open until 6pm. After lockdown, it changed. Would be happy to pay for an access card, or a nominal charge to use it out of hours.
  - Its me. Ive slowed doen now Im old
  - More hard pavements across green areas. In winter it gets too boggy
  - Update play grounds in parks. All outdated need re designing.

- Planned walks in Earlsdon
- "I just don't feel safe in
- My neighbourhood. Fear of knife crime, being a women being attacked and dragged somewhere but can't carry anything to protect myself. Also dogs being about and not under control."
- Safe well lit places at night to run
- support from qualified trainers and special places for spine rehabilitation
- Dedicated walking routes around the city that were traffic free.
- I have started running three times a week in Longford park around 6.30pm. I don't feel safe but I need to do it for my mental health. More lights and car park being open later would really help.
- "More women's only sections
- ""Street lighting
- Accessible paths
- Free car parks
- Better public facilities for swimming that are advertised"
- Bettter running routes would be helpful. Paths are often blocked by parked cars and canal towpath has dogs not always under control of owners.
- Make a cycle lane in The Memorial Park
- The wyken slough needs to have wider footpaths. The existing one is too narrow and uneven.
- Indoor facilities, classes for over 60s that are afgordable
- "I hadn't done any exercise in 5 years after covid but recently joined Longford Striders Couch to 5K running group as I wanted to start running again.
- Their group is amazing, only £20 and so freindly, after 6 weeks of running with this supportive group I'm now running continuously for 30 minutes, x3 times per week. I've already asked to join their group on Sundays after the course finishes. I've also found running buddies and we run around Longford Park twice a week together, plus join Longford Striders for the group run on Sundays.
- Longford Park is only s short walk from my house in Brockenhurst Way so i know I can get there without a car (we have a car but use it as little as possible to save money on fuel).
- I now feel amazing and have also given up smoking again after starting again during covid."
- The lighting on our streets for walking/running and uneven pavements
- Safe, accessible and free activities, often doing exercise is quite expensive, e.g. hiring sports courts.
- More safe accessible community growing spaces like The People Patch at the Alan Higgs centre
- more local gyms
- "I live near Longford park, it would be great to have a more gym facilities here in the park as the gym membership is too expensive.
- There is also only one women's gym near my area (but on Foleshill Road) more gyms for ladies would be very beneficial, OR another alternative to ladies gyms is having more women only keep fit classes, either indoors or somewhere safe outdoors withing Linford park. For example I have been told by my physiotherapist that doing regular pilates would be good for my lower back pain but there is nothing at all available in my area.
- In my opinion Longford Park has huge potential to attract local community to become more active but there are only two muggas, we could have a tennis/badminton muggas too. I normally travel with my children over 30 min to play Tennis elsewhere but the cost of transport is expensive so we have stopped playing tennis.

- Also more groups like 'Stride for Longford running group' is very popular so we should have more funding being put in place for similar types of local groups. "
- I am the P.E lead at Tiverton Send school. We need more activities and places for Send children to take part in activities.
- "Tile hill area
- For families that have children with additional needs
- Fenced, gated playgrounds, parks that child couldn't run off
- Safe places in Willenhall that i can go with my SEND child
- Children in our community when play outside other residents keep complaining unnecessary and making false claims that children (under 15) even if children being innocent just playing around to keep them active and away from gadgets. Thus, kids doesn't feel safe or constantly being under pressure. Thus, even if kids wish to play during term break they prefer not to go outside to avoid any new complaints.
- We live on burnaby road, i have mobility issues and have autistic children. Not many parks are at a close walking distance. And mostly not many places are autistic friendly. Specially during holidays all the kids places are so crowded we can't access them safely.
- There is no park in my area, even kids can not find places to play.
- The old sports centre used to have toning tables which kept joints moving without exacerbating conditions. When that closed there was nothing similar available.
- More wheelchair accessible gym equipment
- Guided walks, but at a leisurely pace - I'm worried about not being able to keep up Area: CV3; Quinton Pools, London Road cemetery, Charterhouse Fields.
- More guided public, ideally open space activity in parks, such as Tai Chi, step and body movement activities.
- Exercise equipment in public parks
- Well I mostly do walking while I'm working as it's a part of my job role and in the morning I do regular exercises. I sometimes go for running outside as my wish. So for me I'm all comfortable with everything I'm doing.
- Safer public walkways
- Create more cycle paths, making it even safer for cyclists
- Better lighting in local park which is St Margaret's Park, Ansty Road. I worry about crimes like drug dealing in cars parked nearby. Also dog mess can be an issue if out walking. Caludon Park is nicer but a bit further away. The park looks run down. Could the community notice board be updated. It has been vandalised with something.
- Better lit roads/park. Tamworth Road, Coundon Hall Park
- There's a portion of the pavement by Holyhead Road (about number 346) that gets very muddy when it rains. Can be off-putting when deciding whether or not to run or walk to Morrisons etc.
- I use the War Memorial Park but it needs lighting all the way round to make women/girls feel safe
- Nothing available in my area.
- Bring back adult education fitness classes. Group classes for seniors of keep fit, yoga, chair yoga, slow zumba, dance in the Stoke area or the city centre.
- Ernesford grange
- "I wish there would be just 1 indoor court at Alan Higgs center because it is impossible to book a court at the Warwick Uni so I am forced to drive to Birmingham just to play.

- Sauna access while events on the weekend would be nice as well."
- I live by Queens Road, Westminster Road and The Butts and I never go out on my own now. I feel so vulnerable around here. There's never any police presence so all the homeless drunks, druggies and the kids terrorising everywhere in balaclavas riding bikes, doing wheelies in the roads just get free reign. I'm vulnerable because of my disabilities, I can't get away from them when they come to me begging and they're volatile when high or drunk. It's no fun. I wish there was an obvious presence here so they would move away from here. I don't even go to the shop now to buy milk for eg as they're always sat in the doorways begging and then there's the taking drugs and dealing. I'm scared someone will try to rob me. Also Upper York Street is a haven for fly tipping. It's just not a nice place to go walking/rolling anymore. The drug taking/homelessness is a real issue, they've even got into our flats before and left all their sleeping stuff and drug paraphernalia and litter on our landings. There are churches around here that could maybe offer facilities but I'd have to walk to them to get there which I won't do.
- Safer places to go. Memorial Park is unsafe especially for solo women
- "I am keen to cycle to and from work, and I did this for a couple of years, however after repeated near misses by cars, I had to stop. Cycle Route 11 looks ok when you see it on the map, from Coventry City Centre to Warwick University, however there are multiple problem areas. It's difficult to believe it's actually a defined cycle route. The roundabout at Cannon Park is where I've had many near misses, and my colleague was knocked off his bike and hospitalised in 2024. Sir Henry Parkes Road from Canley Railway station to the A45, there are lots of close passes and near misses. To avoid the roundabout by the Fire Station, you need to divert to use the pedestrian crossing, however cars on the A45 regularly drive through both sides despite there is a red stop light. Getting out from the City is problematic. The subway at Spon Street isn't nice for women cyclists at the best of times, never mind during winter months. Kingston Road - close passing is a problem, because cars are parked on both sides of the road, so cars squash past cyclists.
- With thousands of Warwick students living in Coventry City Centre, it's disappointing there isn't a safe route to and from campus. "
- "install more outdoor gyms
- all citizens have free public access to a bicycle (eg. bookable on council website)
- ban fast food adverts in public locations (eg. billboards/bus stops)"
- Improved lighting and ideally green walkable links to places. Cycling proficiency to build confidence using the new cycleways. Support groups and spaces running affordable ways to get out and about on different days and times not just weekdays - perhaps using green spaces. Reduced or subsidised access to local facilities such as parks and gyms with better weekend class provision. My nearest gym is probably David Lloyd - would be walkable to and from it - however couldn't afford to go there.
- A community running track with lights and gym attached maybe near the city centre or in a less polluted area with a regular free bus service there
- Coventry needs more curated spaces of beauty that are free to access. I used to live in Wolverhampton and their West Park was a wonderful place to walk around for exercise. Somewhere with gardens to enjoy, clean and clear paths, free parking nearby. The war memorial park is ok for this but it's just grass and trees, it needs more garden spaces.
- Only time that I walk is to come into town. More benches to rest in town
- More activities for the older generation
- Nursery and kids club while parents can use the gym would help
- I am a pensioner living in Cannon Park, I would like easily accessible information about where and when activities or walking groups meet or are available near to me.
- A safe walking circuit has been created in my local park - Coundon Park
- Cost of parking
- Stop the electric bikes in the pavement throughout the city centre. They nearly hit lots of people and it's worrying as you get older.

- There are no safe accessible parks, too many gangs, rubbish, rats, men with knives and dog walkers that do not have their dogs on leads. The parks have been neglected by Coventry city council. Children are not safe to play in the streets. There are very few affordable clubs, the Coventry council stopped children's youth clubs. There is always money to house illegals but none for our services.
- Gym equipment in public
- More accessible facilities in city centre where I work.
- Roads like Banner Lane, Broad Lane, and Tile Hill Lane desperately need quality cycling infrastructure and pavement widenings. It's not a good experience walking or cycling in the area.
- None
- Sowe valley wild space for recreation
- More variety of group activities to join for example walking groups various times at war memorial park
- Help me get out of my house back into the community and advise me on suitable gyms at affordable prices
- "Cycle routes that join up as opposed to starting & then suddenly disappearing.
- Is it permissible to cycle around parks? I know that when I was young it was prohibited to cycle on footpaths in a park. Is it still the case?"
- Additional walking groups with TileHill and the surrounding area. I'd off road walking.
- Build a multifunctional sports and events venue in the city centre where people can get active and host team sports, national/international competitions and events that will bring people into the city. Sports and entertainment provision in the city is appalling.
- Notbsure
- I would do more walking but the evenings are the only time I have to do this. Now the nights are dark safety is a concern.